



Gathering In Hood River, Oregon –1995

By: Raj Christ Jesus –

RAJ OPENING COMMENT: Good morning. You may have to bear with, let us say, an unsteady delivery here for a few minutes, because as Paul mentioned I have asked him to speak with his eyes open. It is an interesting thing, the use you all give to your sight. It escapes your notice that you use your sight for the most part, to gather data, to get something. You use your sight to get the lay of the land, to know where you stand. In other words, sight is used for self-protection.

And what causes it to seem difficult for Paul to listen to me with his eyes open is the fact that he doesn't want to see the wrong thing. He doesn't want to see frowns. He doesn't want to see signs of disagreement with what I'm saying, because his habit, as is everyone's habit, is to take those indicators as some sort of statement about him, rather than a statement about the person making the face. And then if he begins to engage in self-defense it makes it difficult for him to listen. And I will tell all of you that when you are engaged in self-defense it is difficult for you to hear as well. And yet, it's the answer to all of your problems. It's the vestibule of Awakening. You see, as long as you are being self-defensive you are in, or exercising, or practicing an act of independence, which causes you to be separate from Home base, separate from your peace, separate from a direct experience of innate integrity—ah, and your innate innocence.

So I indicated to Paul this morning that there was something that I wanted to speak about, although I didn't go into details with him, and when I started speaking just now I surprised him by talking about something else. But now he sees that I have a way because I have lead into what I want to share. And I'm going to have Paul stand up. We're going to get him to practice more trust. I'll let him use the chair for support. You see the more one is called into the act of trust, which is the opposite of an act of independence the more deeply one can connect with truth, connect with what is real about himself, connect with God. And so I am pushing Paul's limits this morning. And it is also a kindness to you to be able to not have to get a crick in your neck looking.

So we had come on the subject of innocence. We have people from Holland and England and the East Coast and the West Coast here today, and whether all of

you got hooked by this monumental and grand display of the process of justice called the O.J. trial, I doubt if any of you are unaware of the event of the trial.

Now the issue seems to be justice, and whether any of you know it or not any of the distresses, any of the problems, any of the questions that bear directly to your life that you may ask during the course of this weekend it's going to evolve around justice. And if there's one thing I want all of you to remember from this gathering it is that the only reason that justice is important to you is because you don't know how to heal sin, sickness and death. Justice is a substitute for healing. It's a suffer it to be so now, you might say. It's the best you can do under the circumstances. And something must be done! This is true, this is practical. But you know, if all you are going to come this weekend was a better way to get justice, you might as well not have come. Because what is needed is healing. What is needed is something more radical than justice.

Now, please don't sit there and say, "Oh God, I'd better not even ask my question now, because it's going to be so obvious that justice is what I was after." No, here or in the privacy of your own mind when you are leaning into guidance to listen for the truth, bring whatever your current questions are, whether they will—after you've gotten the answer—be proved to be really stupid questions. You see? Bring them anyway, because that is how you will get past them. And don't judge your question or you are already in the realm of justice. And what that really means is you are in the realm of guilt, because in order to have justice there has to be someone innocent and there has to be someone guilty. And I'm going to point out something else: As long as the guilty person is proven to be guilty you prove your own victimization—you have established it for sure and you are not healed! You also are not engaged in love.

Justice, the system of justice, the systems of justice—because there are many around your globe—have had their place. But it's time for something new. Not because the old stuff's getting old and boring, not because we need to be modern, but because there really is a shift of consciousness occurring, there really is what you might call a process of maturation—of maturing, you can call it perhaps spiritual maturing. But I tell you, drop the word spiritual, it's so egotistical these days. "I'm becoming more spiritual." No! It doesn't come out that way does it? It comes out as: "Since I started studying the Course, I've had so many miracles happen and there's been so much shifting in me and it is so wonderful. Now, can I teach you about the Course? You know it says in here... Well, that doesn't agree with the Course." Now I'm not making fun of the Course. I'm pointing out the ego habit of turning that which is meaningful into that which enhances our practice of justice, instead of lifting us beyond justice into a frame of reference that heals.

And so this weekend, as with any other time I've spoken with anyone, the real issue is going to be a radical issue of a new point of view. And you know what? Everyone thinks that a new point of view is a different way of thinking about things. And it doesn't have anything to do with thinking at all! A different point of view is a different vantage point from which to observe! And it also involves a different function as the definition of observation. See how I can tie this all together? What is the purpose of vision? What is the purpose of seeing if it isn't to gather data for you self-protection? The purpose of sight is to be able to acknowledge what you're seeing! It's the opportunity to see and say "thank you for being," whether it's another individual, whether it is a strand of hair on her head, whether it's a bald spot, whether it's the shine on the bald spot, whether it's a flower. It's for the purpose of giving, sight is. But you know it's literal—I've said it before and I've meant it literally—the ego always operates 180 degrees out of sync. And so you see and you listen and you taste, at the bottom line, to get instead of to give.

I'll give you all a little practice. Sometime when you are not in the middle of traffic, let us say, and where things are dynamic and you're really having to pay attention, but when things are more peaceful I'm going to suggest that you just look, and whatever your eyes fall upon say, "thank you." And move quickly, don't sit there and say, "thank you, thank you, thank you" you know. Just say, "Thank you. Thank you," and let it be anything that catches your eye.

You will find that when you engage in this, first of all you won't be filled up with a giddy gratitude. It will be interesting for you because you'll find that there is a quietness that you are experiencing. And when you aren't selecting what you're going to look at to say thank you to as an acknowledgment of its existence, you'll begin to feel safe, surprisingly enough, not what you would expect. Why? Because you aren't engaged in an act of self-protection. Self-protection holds you apart. And the minute you begin to do this simple, perhaps silly thing of spontaneously looking from here to there in an erratic manner and just saying, "Thank you to that spot. Thank you to that spot. Thank you to that speck of dirt. Thank you to the column. Thank you to the corner of the column. Thank you to the nail that is sticking out up here," etc. You are not in an act of self-protection and you are therefore not holding yourself separate. And holding yourself separate is what makes you feel vulnerable.

It's not what's out there that makes you feel vulnerable, it's how you are treating everything out there—as something to gather facts about so you'll know how to behave, or as something out there that no one but God is responsible for that is there for a presence to be acknowledged with gratitude. And you see thinking comes in, "well, how can I say that that nail up there, which is a blemish on the piece of wood, how can that be something that I should be grateful

for?” And you’re lost! It doesn’t matter. It’s something that catches your attention. It’s there to be experienced. If your thinking makes you miserable and keeps you separated, not just from your world but from your own experience of safety then why value it so much.

Don’t worry you’ll all get a chance to ask some questions. Another thing I’m going to encourage you to do is to find if you are going to thinking, to find new words to think with. Thinking is for the most part habitual! I don’t know if anyone still reads the Reader’s Digest and enjoys the opportunity to increase his word power, but very few of you actively engage in expanding your vocabulary and that locks you in, just like a language does. You know why so many small areas of land in Europe could keep their identity through centuries? Because their language provided a barrier. And so other’s couldn’t melt in if they didn’t learn the language. And so individual identity of people and countries was accomplished by simple language. It’s important to know that your language can be your prison.

I don’t know how many of you are students of A Course In Miracles, but one of the things I’m intent upon is to let you know not to indulge in the habit of letting the language of the Course become your new prison—the very thing that separates you from “them,” those who are not familiar with the Course yet. But you know one of the primary values of the Course is that if it is read regularly it helps you increase your vocabulary. How many of you went out and bought a dictionary just so you could read the Course? And new language allows you to break the habit of your old vocabulary that locked you into suffering, locked you into sin, disease and death. But you know, I also don’t want anyone who studies the Course, and this can apply to any holy book or any spiritual path, it applies to every single one of you no matter what you find valuable, ultimately the real benefit of the Course in this day and age is that it gives you words, pretty contemporary words, that allow you to grasp the fact that God Is Truly All, Omnipresent, Omnipotent, the Source and Meaning of everything. These words help you grasp that fact enough that perhaps you can dare to abandon words and pay attention.

If you want to see innocence, you must look with innocent eyes, which means you must look from a vantage point which is innocent of definitions, already established definitions, innocent of judgment. Innocent, I’m using it in the same sense of absent of. You see a pure glass of water is a glass that holds nothing but water. Innocence is being free of preconceptions that color your every experience, because those preconceptions stand between you and what you are experiencing. Your purity, your absolute unalterable innocence never leaves you. It is you absent of confidences that you know what everything is, how it works, what it’s for and how you must deal with it.

So we have a system of justice. And the system of justice says, “if someone is intent upon bringing harm to someone else, they must be stopped, they must be restrained. That isn’t a bad idea, but that doesn’t solve the problem. It’s time for the solving of problems and so again I want to reiterate, the only reason that justice is important to any of you is because you haven’t learned how to heal sin, sickness and death.

So then the answer is learning how. And the first step is what I’ve talked about, a willingness to look with innocent eyes not to gather data but to say, “thank you.” Not for any reason, not with justifications, but just because. There’s a song that most all of you are familiar with that says, “let there be peace on earth and let it begin with me.” Your experience of safety, your experience of healing, your experience of a world where justice is not needed all starts with you. And my promise to you is that it begins with you and you can feel confident that you will experience the fulfillment of it. It is not so insurmountable that it begins with you but long after you die the little bit that you’ve done will promote the final outcome, because your experience of danger is absolutely governed by you, by your prison of language, by your confidence that you understand well enough how everything works that you don’t need to be open to more, on a daily momentary basis.

There is such a thing as instantaneous healing. I know most of you definitely believe that there is such a thing as spiritual healing—healing that is not the result of invasion (what they call invasive surgery or manipulation). Well, yes, spiritual healing is possible! Instantaneous healing is possible! And you know what? Instantaneous healing depends on no one else. It only takes one! What is the saying? One with God is a majority! Well instantaneous healing—sin, disease and death—you call that miraculous! Yes! If miracles are radical then I am challenging you all to answer the call to that which is radical.

Can I see some smiles? You know that which is meaningful doesn’t have to be serious! And a little bit of joy goes a long way in uplifting the heart and reducing a sense of vulnerability that causes one to feel a need for defense.

What a wonderful name, Jean Smilely! We will take a break and when we resume we can talk.

QUESTION/ ANSWER: During the break someone came up to be and said, “are you saying that it doesn’t matter what the verdict was?” I’m going to answer the question this way: Well, someone says to someone else, “well, what was the doctors verdict”? “Oh, he said I have six months to live.” Well, do we want justice or healing? I’m not going to answer every little detail for you because there needs to be a certain willingness to allow a new way of looking at this, whatever it might be, to be nurtured within yourselves and allowed to come forth as your own clarity.

The real question is, does the verdict have anything to do with justice no matter what the verdict is? You know what the Father's verdict is? "You are my beloved Son/Daughter in whom I am well pleased." And you know if every single one of you believed that, if everyone on the globe believed that there wouldn't be any murders, there wouldn't be any stealing, there wouldn't be any acts of self-defense against the system or the victimizer or the lack. You see? If you know that you are the beloved expression of the Mover, the Prime Mover of Life, with a capital "L", then you feel loved and you feel dignity and your actions arise out of feeling loved, and your actions arise out of dignity that you feel, and your actions arise out of an undeniable experience of safety.

So who has a question?

QUESTION: I'm Camilla. And I thought I would get this over with so I could be present for the rest of the weekend. I'm open for a miracle and my ego wants to have a lot of questions answered. And it seems I've created some illness in my body and I don't know how I did that, or why. And I have a belief that when it's your time to leave the planet you have to have something to take you off. And so like I'm just sort of waffling now about is it time for healing or am I going to go? So what's going on? What do I need to do to come into peace... well, I feel peaceful about all of that.

ANSWER: It is so funny. I know someone who has said, who is in her mid-seventies, "I've had a good life. I don't want to be here another seventy years." Isn't this hilarious? What do you think your options are? (laughter) You know, either you wake up now or you wake up later! Maybe it isn't your time to go, maybe it's your time to wake up! If you go, the one thing that you will discover is that the cause of you leaving didn't kill you, and you will be healed of that belief. But you will still have the opportunity to let go of what seemed to create for you the opportunity to go.

There's order to everything. This is not an answer I would give to every single person here just to keep the theme going, as it were. What seems to have created the inner distress—I'm not talking about the physical symptoms, but the inner distress—has been a very strong feeling that you are guilty. In other words, it has been almost impossible for you to feel innocent. You know when you don't feel innocent you feel that you have to account for yourself. You feel that you always have to be proving something, to give a good account of yourself. And it's always an uphill climb, because it feels like the guilt you are carrying is a given... it is something that's just with you, when it isn't! But nobody has come up to you and said, "it isn't just in you." And they haven't confronted you with it day after day.

Hey, I'll be very frank with you, as a child my mother, Mary, had to constantly remind me of my heritage, if you will, who my Father was, who I

was. There were times when I wanted to play! There were times when I wanted to get into mischief! I did not want to know who I really was! One could have attributed her to haranguing me with the truth about myself, they could have attributed that to her being a Jewish mother. But it would have been well for you if you had had a Jewish mother or a friend who was constantly calling into question and making sound ridiculous the feeling you had of being guilty, inadequate.

You have worked hard to be good. But it's been to cover up a bad, a feeling that good was something you had to be rather than something you were. And so being good was a defense. If you remember nothing from this weekend other than this it will be excellent. And this is that if you will let yourself fail at being good, if you will give up on trying to be good, if you will let it go of your tendency to be precise in what you do, and if you will let whatever is left there where you sit sigh and not try to do anything with your life, you will find that what is sitting there is the Daughter of God, what you will find sitting there is innocent, what is sitting there is being infilled with joy.

You have been suffering from a lie that has been believed to be true! This is absolutely true of every single one of you. You're all so conditioned, "Well, where are your credentials? May I see your resume? What have you been doing for the past ten years? Oh, you've just been a housewife? You mean you haven't been steadily employed? I'm sorry you didn't account for yourself! You didn't manage to clean up your house yesterday?" (lots of giggles) The you that feels like shrinking into the bathroom, isn't you! The you who actually feels chagrined and miserable because you haven't worked steadily in the last ten years, this isn't you!

There's a real call for everyone to begin to feel and express the qualities of one who has integrity for no good reason at all! Well, somebody says, "Well, what right do you have to be happy? And YOU feel like answering the questions(!?)"

Now I want you to understand something, I've been talking about the essential you that is guiltless, that has integrity no matter what you think, no matter what anyone else thinks. But I want you to know something: How could the purpose of vision be to acknowledge if there was nothing there to acknowledge? God Moved, it says in Genesis. And God saw the Movement that He was and acknowledged it is very good, meaning it's Me, it's verily God! The Movement is something recognizable to which the acknowledgment of what it is can be given. And that's Creation! And that's what's happening at this very moment, is Creation, God Moving and recognizing Himself in the Movement and it looks like this! It really looks like more than this! But this is It seen through a glass darkly, or with a greater willingness to acknowledge it in its fullness. Therefore, this that seems to be sitting on a chair is part of the Whole, it's the visibility and tangibility, it's the recognizability of the Movement of God, of

the presence of you that the Movement of God is Being right there. Therefore (and I want this to sink in) your body is eternal! If you were to pass on at this instant you would find yourself identified. You would not be a bodiless Spirit, lofting through the ethers of the Kingdom of Heaven. You would be absolutely identifiable and recognizable.

You know what? The more of your innocence that each of you begins to feel the more beautiful the visibility will be. If your distress that is embodied physically is the result of not recognizing your innocence, of not feeling your innocence, of not giving yourself credit to say, “I just might be innocent of all this shit!” If you were willing to do that, if you will be willing to do that so that you’re not constantly confirming to yourself your guilt then you’re going to see that which is recognizable about you begin to reflect less and less of the density of, what I’m going to call the heartache of your Soul. And please understand and don’t take everything I say literally. I know that the Soul being the direct presence of God can’t possibly have a heartache! Okay?

But you know, there is in each of you a Sanity, with a capital “S”, no matter how insane you insist upon behaving. That’s another way of saying, there’s an innocence in you no matter how guilty you insist on behaving. That Sanity in you does not allow any of you to be comfortable or at peace when you’re insisting on embodying mentally or physically a guilt that isn’t real. You can’t be insane and feel good, because there is an ever present unchangeable Sanity of your Being that is always actively insisting upon, insinuating its way into your conscious awareness so as to replace the insanity, to inspire you to let go of your great confidence in your beliefs. This means that this body that is sitting there, the recognizability of your presence has—and I’ve said this before, but you can all stand to hear it again—it has an intent, it has a reason for existing! You know, how could the last verse of the first chapter of Genesis say, “And God didn’t see everything that he had made, and He thought it was good.”

Your body has the intent just as the Movement of God has the intent to express the Mover. It has the intent, the Movement of God has the intent of identifying God perfectly. That which identifies you has the intent of identifying you perfectly. It’s on your side! It has no capacity to act at odds with you! It is as innocent as you are! It is as innocent as you are! Paul is standing here wishing his innocence showed right here. But you know something, and you can ask his wife to verify this, when he stays with me as he is doing right now and seeing with the eyes of innocence at any workshop or gathering this begins to go away (probably indicating his stomach) and he doesn’t change the way he eats at all.

What’s going to be your vantage point? Your habitual thinking processes? I hope—I hope—that you’re inspired by having let’s say a Jewish brother tell you today—and I know in the Kingdom of Heaven there aren’t Jews or Gentiles or

Italians or anything else—but I am reminding you right now of the truth about you and about the recognizability of you that you call a body. If you have to tell yourself every hour of the day, “Raj said I was innocent! Raj said I was innocent! Raj said I am innocence itself! I am like the pure water in the glass, and I’m not going to muddy it up with extraneous crap! I am not going to muddy it up with my old habitual ways of thinking about myself and my body!”

You see, that which moves and the Movement can’t in anyway be two separate things. The Movement of Creation cannot be different from that which Moved. God did not create an objective Universe that is something separate from Him that He set into motion, which depending on what happens may keep going and may run down unless He tends to it. The Movement and that which Moved are one in the same. Your identity, the presence of the consciousness that you are is the Movement that everyone is able to recognize right there in that chair. And then I must take it a step further so that you don’t just think that this Movement is a Movement of a puny little mind that God Created, because God can’t Create something separate from Himself/Herself.

The Movement of God looks like you! The Movement of God, the Movement of Intelligence is the very intelligence that you experience being from time to time. And at the other times it is still there, but you’re dabbling with unintelligence, like a child plays with poop from his diapers, or tastes a worm. You see?

It’s all about forgiveness. And I love to be able to say this over and over, forgiveness is not something that you give to yourself or to someone else in spite of what they did! Forgiveness is the withdrawal on your part of judgment being applied to you or to them for what they did. It just means not judging anymore! Do you have any idea what happens when you abandoned judgment? Well, you have the opportunity to say, “thank you, thank you, thank you, thank you, thank you, thank you, thank you. Thank you for the uneven knitting in the sweater that looks like something that attracts my attention. Thank you, thank you, thank you.” In the absence of judgment you have the opportunity to feel your safety.

As I said earlier, the practice of forgiveness is a matter of abandoning the arrogance that says, “I stand in a position to render a verdict.” Maybe the physician has reflected back to you by his verdict, the verdict that you have been applying to yourself! And maybe both of you are dead wrong!

Remember One with God is a majority! So nobody else in the world has to agree with your assessment of your innocence, with your assessment of yourself as innocent—not a single soul! In fact if you think that they do have to agree then you will have to account for yourself and prove it to them. You don’t want to waste that time missing the joy of experiencing unreasonable happiness that no one else can understand why you’re feeling.

So you are innocent. You don't have to keep trying to prove that you aren't by being so good. And your body is your friend. That about you which is recognizable is your friend because it has one pure intent and that is to identify the presence of your individuality perfectly! Even humanly speaking, it is programmed that way. And that is why when you cut yourself it heals.

Given free rein by being released from your distrust of it, it will do its function perfectly and healing will occur. And the physician with his vast experience will say in so many words, "why you had a spontaneous remission from whatever the problem was. But of course, we don't know if that's permanent." If he wants to misinterpret what it is, fine. He can call it whatever he wants. But your daring to embrace and allow your innocence to embody itself because that's what reflects what's real about you. That will be followed by healing. And you will know why the healing occurred. And whatever the doctor says will be seen as an expression of his current ignorance, and that's all.

I want for all of you to grasp the fact that you're bound, you are all bound to get well! You're all bound to wake up! There really is no choice because you cannot forever deny who you are. You can for awhile and enjoy the thrill, the frightful thrill of a distorted perception. But you can't stop being who your Are! You can't stop being divine. And so if you're bound to wake up sooner or later, you can opt for sooner. If you can conceive that you will ultimately come into a realization that you're the direct expression of an indivisible God that is Love, if you can conceive that you will come into a conscious awareness that that's what you are in spite of all of your actions to the contrary for eons perhaps it will become obvious to you that it has less to do with earning it and more to do with breaking down and giving up and just saying "okay" to what you've been all along. That's what will happen at some point.

So do it now! No more than that, let it in now. Because it won't be an accomplishment. It will be what's left when you have abandoned trying to accomplish something else.

Do you have a "yes, but?"

QUESTION: No, I don't have a "yes, but," but it's "yes, and then."

ANSWER: No it's "yes and now."

QUESTION: "Yes and now," yeah. It's like I need a new purpose.

ANSWER: When you abandon whatever purpose you have had in mind, you will find that in its absence the purpose God has set for you will begin to register with you. You see? Let it in. When you give up goals, when you give up all attempts to achieve in order to demonstrate your accountability and respectability, you do not become a meaningless blob, unmotivated, just sogging there. You feel more life. You may feel more vitality, and more motivation and on top of that you have the marvelous experience of experiencing a willingness to

follow through to stay with that motivation because there's no fear of consequences. That's sheer joy! But what I mean to convey to all of you is that this is not an accomplishment.

I keep saying it and I'm going to say it again, it is when you come to that place of utter frustration, where you are worn out from trying and not making it. It's when you hit the bottom of the barrel and you really give up! When there is no more motivation to try to account for yourself. When this horrible situation is arrived at and not resisted any further then in the absence of your willfulness the Father's Will that has been underlying and undergirding you all along begins to be felt. I cannot adequately express in words the value of failure as an ego.

And I will finish with this: When you arrive at this point as failure as an ego, with no energy to energize it, you open up—all of you—you become undefended. Very often you actually ask for help. But even if you don't in the absence of the energy to continue willfully to be the boundary of the ego disappears. And that's why there are sayings like, "man's extremity is God's opportunity," because joining occurs. When there's no more energy being expended to hold yourself separate, there's only one inevitable experience that can occur. And that is an experience of union. This is why the thing you all work so hard to avoid is your salvation.

At this very moment Paul is failing beautifully at being an ego. He is not energizing it. Even as I speak of him he is not becoming self-conscious, because that's not where it's at for him. I bring this up so that you might understand, all of you, that if you fail as an ego you will not become dysfunctional in the world. You will not become useless and meaningless. You said, you're going to have a new purpose. You are seeing evidence of purpose that Paul from his separated sense of self never experienced and yet it is not a purpose he has for himself at this moment. In the absence of him having any purpose for himself, purpose is occurring! And it's called us acknowledging the truth—us being in communion. You see?

The experience of being is not only utterly benign when one is experiencing union, it is also (there is not really one word for it) it is embracing, nurturing. It is like a family, an ideal family, the way it embraces and yet leaves free everyone within it's structure, if you will. And it is the same with every atom and molecule in your body, it's all family. And it's the same in this room, it's all family. And those in this room, and the substance of the pillars, and the view out the window it's all one thing, it's family. It's utterly safe. But it's also Love, reflected in Love. It's a Movement of Love. And so it's not just not harmful, it's, for lack of better words, a seething presence of love extended by means of constant acknowledgment in all directions. And this can be experienced by you here—by you all, here and now.

You have the feeling? Okay.

QUESTION: Thank you Paul, and Jesus. I love you dearly.

ANSWER: You are welcome.

QUESTION: Now I'm scared to death! (He starts crying) Maybe that's all I needed!

ANSWER: Well, I think you need one more thing! (Raj gives him a hug and he begins to cry again) (Everyone applauds!) You make me stretch on my tip-toes to embrace you!

What a wonderful thing to think about. It's worth it to stretch to embrace each other, beyond whatever concepts may cause you to feel inclined to withdraw.

QUESTION: That's beautiful. I'm losing control completely and I had this sense of communion more and more. But the more I have this sense the more that this part that comes up that says, "how am I this one, you know, how am I this one?" And you are all... you.

ANSWER: Well you've carried the answer with you right on the front of your shirt—it means Truth, that's how you are. And to the degree that you allow yourself to be with that you will find yourself knowing that that's the undeniable truth of them too. And so you won't check with them to find out. And when you stop checking with them to find out they're not going to be afraid of you.

QUESTION: It's be the other way around, I'll be afraid of them! (he laughs)

ANSWER: But you all need to understand that when you approach someone else defensively they feel it. And so they know, "Oh well, when I'm around them I will have to be on the defensive also." You see? And so yes you will feel no need for defense. You will feel peace. But that means that you are giving no signs to the world that they need to be careful of you being defensive on your behalf. You see? But this is where it's at, the truth... the truth of your innocence... more than that, the truth that God loves you in spite of you tells you that God loves her and her and him in spite of them. And now you know something about them that is Real, and your opinion of them can't be the same again. And your new perspective of them allows them perhaps to have enough peace within themselves to discover the same thing for themselves.

Justice... Justice will... Justice will put you in prison every time! Do not be surprised that there are people who are afraid of what justice will do to them. But truth felt, ah, says, "you don't have to be afraid, because there is no one to account to." And then no one has to play out the part of making you account for yourself. And if they do and you say, "What? What? I don't understand, and I've got some things to do. I'll see you later." That will begin to help them realize that maybe what they were valuing so much doesn't mean that much. You see? And so it all begins to work together in support of love and innocence.

I'm very glad you wore that shirt. There really are no coincidences are there?

QUESTION: Well someone asked me in the break, "what would Harvard think of you being there?" And I said, "Well, I've never been there, I wouldn't know." And I said, "they'll probably welcome you to the "Hasty (it sounded like "hasty" but could it be "tasty"?) Pudding Club".

ANSWER: I am glad you are here.

QUESTION: Thank you, I'm glad to be here.

ANSWER: You are welcome. Pardon?

(Someone must have asked what kind of a sweatshirt it was)

QUESTION: This is a Harvard sweat shirt.

ANSWER: And it has a shield right in the center where he actually pointed when he was talking about feeling in here. It says (?) Truth.

QUESTION: Thank you.

QUESTION: Good afternoon, Raj.

ANSWER: Good afternoon.

QUESTION: My question I think is about, to ask you to talk about transition. I work for Hospice. I work with people who have accepted on some level the information that they have six months or less to live. I also participate a lot in the community politically. And there I see a lot of transition happening. I see a lot of fear. I feel a lot of fear from folks. And I feel incredibly blessed to be in these environments. Would you speak to me about transition I think?

ANSWER: As though life itself speaks not of transition to you all the time? Transition is the way ego's refer to the Movement of Life, except that they see it as a span of time which lies between periods of time that are fairly static and unchanging. At least that is what they spend those periods of time trying to insure happens—nothing! It is almost as though the periods of time between transition are death. And the time of transition is when life has managed to break free of the control that has been brought into play to keep life within limits.

It's really what we have been talking about all day today—the answer to your question is. The problem is that everyone conceives transition real free uncontrolled transition as something that ends in death. Usually because there is such great fear of real change. If there's anything I'm engaged in with all of you it is to help reduce the fear associated with allowing change to occur so that you do not see death as the inevitable outcome to life. And to get you to be willing to abandon the idea that what you call life, which is this period of time in which you try to keep change from occurring. To encourage you to see that that doesn't embrace the wholeness of the Meaning of Being. So that you don't value with such conviction experience that doesn't surprise you.

Oh I know, you all want to experience life to the fullest, “but please no change!” The word God stands for a Movement, and that Movement is embodied in the meaning of the words, “Behold, I make all things new!” Wow! He says, “Okay, but not too fast! You got to give me time to adjust!” Hell, just flow with it, don’t fight for the right to adjust! The person on the surfboard doesn’t say, “Wow, I went by that so fast I didn’t have a chance to experience it!” Because the experience of riding the wave really involves constantly being at that point of balance with the forward movement of the wave.

Now, your task in working with those through Hospice, who are—for lack of better words—dying, is very much like my work with all of you. (laughter) It isn’t that you are really helping them die and therefore substantiating the belief in death. If you will look back over the day today you will find that fundamentally I have said, “be kind to yourselves. Stop judging yourselves. Love yourselves. Dare to trust that life is Life affirming so that you can relax in the middle of whatever Movement you are experiencing, and by virtue of that peace, being available to the divine Meaning of the Movement that is occurring and experiencing bliss. And in one way or another that is what anyone working with Hospice is fundamentally doing. You can’t tell me that in working with Hospice you aren’t called upon to really listen within. It cannot be done from a textbook. And sometimes you have to not be sweet and gentle and nurturing and utterly considerate of this poor one’s pitiful situation. Indeed that’s what I have to do too. You can’t... I can’t scare you into waking up. I can’t threaten you with disaster if you don’t get on your spiritual path. And you can’t walk up to someone who is dying and say, “Get over it!” (much laughter)

To be involved with those who are “dying,” who are going through their process of yielding what has been control issues and to help them not be afraid not to have control is essential to their healing, whether they embrace it fully—shall I say—so that the recognizableness of them reflects their peace and there is no death. That is all I have to say.

QUESTION: Thank you.

ANSWER: You are welcome.

QUESTION: Thank you. Now a lot of this question you’ve already answered. I’ve learned a lot today. The way that I feel the dilemma is that... although I have a wonderful life...

ANSWER: Although, you have a what?

QUESTION: More and more my life feels like it’s expressing who I am, and I appreciate that a lot. But there seems to be this infinite reservoir of anger that I manage to poison my relationships with, manage to create separation. Intellectually I’ve got it that it is really stupid, but I do it anyway. I don’t necessarily think that... I try not to think of it as being a

fault, but I sure would like to figure out another way to work with that energy.

ANSWER: You want to know why it feels like it's an infinite reservoir of anger?

QUESTION: Tell me.

ANSWER: Because it's really love, except you have a cork on it! The elements of anger are the cork. The cork isn't infinite, it's a little tiny cork! But you're saying, "I have all this love that I want to give, because when I give it it fulfills my nature. And this is a true knowing. But there's this decision that has said, "I'm going to cork it until I get justice." There is a satisfaction that you're holding out for. It is a the satisfaction of getting to express your sense of injustice. It's like you want to have your say, and once you get your say then you can get on with what you really want to do, which is to let this infinite reservoir of love that is you to find expression, to come forth.

Now you have two choices—two simple, very practical choices. One is to go to a therapist, one who is not heavily into psychological phenomena, but one who can facilitate the expression of the anger so that you can just practice in a safe environment expressing it exquisitely well. Because I promise you that the moment you let it start being expressed and it feels to you like it is going to take eternity for it all to come out perfectly, and you're willing for it to take eternity to express it perfectly. When you give that kind of permission in a safe environment to let it out, you'll find how small the cork was. It might only be a matter of 15 or 20 minutes before the cork is gone and this rush of hate shifts into this perfect embracing love, which was what was blocked behind the cork. There is something infinite there—unending—but it's that in you which is good that will bless everyone.

The other thing you can do is a little bit more of a head trip. The other thing you can do is to realize that the ego, that your conditioned thinking, that your mindset is a liar. And that the suggested satisfaction at getting your say so clearly said that it will be unmistakably heard, that that satisfaction will not come. It is a suggestion that is a lie. Mind you, if you go through the psychological process with a therapist you will find that you will never really finish expressing the anger to your satisfaction because once permission is given for it it will transform because you will have released the cork.

So let's take a look at what the cork is. The cork is a promise that the ego has given you that there is satisfaction where there isn't satisfaction, that the justification for holding off on your fulfillment by holding off on expressing the love that you are is not justifiable. It isn't true. It isn't valuable. It isn't worth persisting in. And then don't argue against all the reasons that come to you for persisting in getting the satisfaction. Don't fight against that, instead make a

decision to do what I suggested this morning when I said, “what is the purpose of vision?” To say, “thank you, thank you, thank you. Thank you for the dead moth in the spider web. Thank you for the spider web. Thank you, thank you, thank you.” Because this is another way you don’t fight the ego, but you disregard it and you do something else. If you realize that as long as blocking the love is justified you are holding yourself and your experience of wholeness and bliss at a distance from yourself, then it becomes easier to decide in little ways to express gratitude. And there is an old hymn that I quote often: “A grateful heart a garden is. Where there is always room for every lovely God like grace to come to perfect bloom.”

So you can for no good reason at all begin to engage in expressions of gratitude, simple, relevant expressions of gratitude. Doing that will begin to break the habit of reinforcing the cork. And as that habit is broken just by a simple practice of conscious gratitude, the cork, like any good cork on a bottle of wine will scoot out under pressure, under the pressure of the love that’s behind it. If you understand that the ego is holding you hostage to a promise of satisfaction that will never be there, you will be less inclined to nurture the anger. It will be more reasonable to you to begin to express gratitude. And again, it needs to be done like I said, at random and rapidly, so that you do not pick justifiable things to say thank you for.

If anything from now on whenever the words come to you that you have an infinite reservoir of anger, you can remember that I said, “no, it’s an infinite reservoir of love backed up behind a puny little inconsequential cork, that you don’t have to keep fattening up in the neck of the bottle, so to speak.” There ain’t no satisfaction!

QUESTION: There’s certainly no satisfaction in being right!

ANSWER: As the Course says, “would you rather be right, or happy?” Another way of putting that is would you rather have justice or healing? Justice is a false hope! An eye-for-an-eye, a tooth-for-a-tooth, a death-for-a-death. Well, shall we come up here and let’s take a look at your life or anyone else’s life and shall we look for justice on the basis of an eye-for-an-eye, and a tooth-for-a-tooth? Shall we extract from anyone of you what justice would call for from someone else, or shall we have healing?

Your question expresses to one degree or another what everyone else is having to deal with too. And like I said this morning we need something radical, not a more precise way of an eye-for-an-eye and a tooth-for-a-tooth, but a way for healing so that the victim and the victimizer are both healed. It’s time to grow. There was a time when an eye-for-an-eye and a tooth-for-a-tooth in a very simple fundamental society worked and was valuable, but it’s time to move beyond. And the means to move beyond is available. And the justification or the

intelligence that allows for moving beyond it lies in the awareness that you are not alone and everything is not in your hands and there is a God and there is the Brotherhood to join with, and by virtue of abandoning your joy at being independent and a success of being independent that the ego promises you, that in the abandoning of that and in the joining you come back into your Sanity.

The shift, the shift, the satisfaction if you will, that you're looking for won't come from succeeding in getting justice, but will come from the willingness to blend, the willingness to fit in, the willingness to be a part of and let everything else be with you also. The insanity that everyone suffers from is the constant conscious intent to do things your way and see things your way. And the solution to it lies in the words, "not my will, but Thine be done." Well, this doesn't set well with the ego because, "What, I'm going to do what you say? Who are you that I should do that? I'm going to turn my power over?" Ultimately you will. Ultimately you will stop holding yourself—and I'm really speaking to everyone—but ultimately you will stop holding yourself apart with an independent decision to be angry or to hate. And you will join, you will let something or someone else in. And the moment that happens your Sanity will return and you'll see that you haven't deferred to anything, you haven't yielded authority to anything separate from yourself. And you'll feel, for lack of better words, the unity of your will with the Father's Will. And you won't feel usurped of integrity but imbued with integrity that is undefileable.

I've gone on at some length, but at the bottom line the problem is an itty-bitty little cork constituted of a decision to hold off on letting the love that you are find expression because there is a false promise of satisfaction at getting justice. 'Tain't so!

So those are the two ways that you can approach it. Either way will work! And if you want to go the more mechanical route if you will of exquisitely expressing that anger the transition will occur, the shift of perception will occur and you will find yourself filled with and becoming the channel for an unlimited expression of love. And those who are Awake do not misunderstand you, even though you are misunderstanding yourself. And you are supported in the courage to dare to abandon the promise of satisfaction and let the love out.

QUESTION: Thank you.

ANSWER: You are welcome.

QUESTION: Thank you. I would like to ask you if in one sense you would tell us what the most important thing you could say to us would be.

ANSWER: Then can we go home?

It isn't one thing for you to know, it's one thing for you to do. And so we're going to take a couple of minutes to do it. I'm going to ask you all to just sit in your chairs in a relaxed fashion. And with the feeling of love that you already find

yourself experiencing embrace everyone—more than embracing them, I’m going to invite you to lower any resistance’s you have to letting everyone in. Embrace does involve a little of control, or can. But if you will let this love give you the courage to become less defensive or even defenseless so that everyone is let into your space that is the one most important thing for you to not know, but do.

...It doesn’t matter if you don’t know whether you are doing it well.

...Does anyone notice it getting warm in here?

Okay. Love like forgiveness isn’t something you give to someone else. If forgiving is you neglecting to judge then love rather than being something you extend to someone else is a state of being within you where you are not holding anything at a distance from yourself, where you let in. Indeed when I said look around and say thank you, thank you, thank you, you’re letting in, especially if you are doing it rapidly without any conscious choices being made but just with whatever irregularity or whatever catches your eye, you let it in. When someone lets you in you feel loved if you stop and think about it. What a gift to have someone let you in. What a gift therefore for you to let someone in. And it’s so effortless. Extending love is reaching out, but if you drop your barriers so that another can reach you, what a gift, really what a gift. Thank your for your question.

QUESTION: Thank you, thank you, thank you.

QUESTION: I’m wondering, I know you say that life is eternal, that death is just passing from one to another, but I’m wondering if you can tell me about the experience that people seem to have which we term “life after death” experiences? What if that is since it’s from children to adults that seem to have the same type of experience, is that an actual experience that they’re having? That’s pretty much my question.

ANSWER: It’s not a coincidence that they all give you the same report. Is that all you wanted to know?

QUESTION: Is that my answer? No, there’s probably a million things I could sit here and ask, but...

ANSWER: Is there more that you wanted to know relative to that question?

QUESTION: Oh, no I think if you could make that clear to me whether that is an actual experience that those people are going through.

ANSWER: Indeed. It is the perceived circumstance may be different, but the same path is traveled, if I may put it that way, a movement toward the light, an extreme experience of well being. Now for instance on one occasion someone asked about a loved one who had drowned in the Northern Atlantic. And I explained to her that this loved one still found herself in water, and moving toward light, and that the water had changed from icy cold to wonderfully warm and had no choking effect what so ever. In other words, the perceived circumstance of

death or the cause of death was immediately replaced with an opposite experience as she moved toward the light. She found herself emerging from water, not in the ocean but in a pool that was luminescent and was as though normal and able to step out of the pool and was met by others, welcomed, not by family but by the other side of “Hospice.”

Always one when arriving at the light finds themselves in a place of beauty, a place where they are welcomed. It is not a halfway house, but it is a point of reception. Many times individuals will choose to stay in this area of reception before going on to meet loved ones who have already passed on, who do gather to welcome.

On one occasion that I answered someone’s question upon, the gentleman who had passed on had suffered great pain for a year or year and a half before he passed on. He actually spent almost a year in this place just feeling what it felt like not to be hurting. And that kind of freedom is what one is met with. There is not an agenda for them. And so there is this opportunity to be nurtured and to not do anything they do not feel like doing. No one stays there indefinitely because the motivation to be and be actively is still there at whatever time they decide they are ready those loved one’s who were there at arrival will greet them. They then get on with the same sort of expanding of their borders that all of you are faced with here. There are what you might call guidance counselors available to them to help them facilitate implementation of what they find themselves motivated to do. Again, this happens as the desire is felt by the individual.

One thing you all need to know is that when one apparently passes on it is not the threshold of enlightenment. The only thing that you will find yourself enlightened about is that whatever you thought caused your death didn’t. That has great impact on one, because if that didn’t kill them what else could? And in that sense the experience promotes a more rapid release of other beliefs that are binding. Nevertheless there are a few diehards, who want another fling at life, like your experiencing, like they were experiencing. And they can choose to return to do it again.

However, and this is taking us to a different subject. The fact is that Awakening is happening and everyone is involved in it whether they’re even conscious of it at this point or not. And so there is not the opportunity to return that there used to be. So not all of those who would chose to come back and do it again will have the opportunity.

To be complete in my answer to your question, the experience one has after they have passed on is immediately, or immediately involves healing processes—such as, icy water that drowned you becoming warm and experientially nurturing, so that one is not left with an enduring fear of water without understanding why. It is nothing to be afraid of. I am not spending time suggesting to you that you all

wake up so that you can avoid an unpleasant experience. I am encouraging you to wake up because you are going to do it here or hereafter and there is no need to wait.

Indeed, along with the experience of a nurturing movement toward light in which there is an overwhelming experience of well-being, along with that is a conscious awareness that you know more than you thought you did, an emerging conscious awareness of the availability of more if you will just to pay attention to it a little bit. There is a clearer experience of who the Christ is. And there is a clearer experience of a relationship with God. And this does help support the decision to wake up. And that is all I will say at this point. We could go on. And I'm not teasing you.

QUESTION: Thank you.

ANSWER: You are welcome.

Paul closed his eyes out of habit, forgetting that that's no longer normal. I simply want to thank you for the love that you are all radiant with that embraces me and which embraces each other. It is a joy to be with you and to have been with you today. And I look forward to be with you tomorrow. And before you leave I would ask that you give me an opportunity to get to the back door before you leave so that I can greet you individually, which I haven't been able to do with each one of you today.

SUNDAY MORNING:

RAJ OPENING COMMENTS: I waited to begin until there was peace, what you might call quietness, where the energy was one of peace here in the room, here in your minds. I encourage all of you to value this state of quietness that you are experiencing right now. And I encourage you to value it enough that you would prefer—I won't make a total demand of you—that you would prefer not to respond to anything in your day from any other place than this place of peace. Because when you are experiencing peace you are not likely to give a knee-jerk response to the event in your day. And I promise you that any time you give a spontaneous knee-jerk response to anything that is going on, that response is arising out of memory and not out of an actual connectedness with the event. And as a result, your expression of what is really a habit is likely not to hit the mark. And because you have not valued the peace enough to prefer to have it you are more likely to become emotional, which will aggravate any discrepancy that might exist between your expression of habit and what's really happening. "Oh well, too many things are going on for me to choose for my peace right now. Well, nobody else is doing it, and they expect me to come up with an answer." Well that's another one of those things that I was talking about yesterday that you could learn to chuckle at. Well, so what if everybody expects you to come up... you can

prefer to respond from your peace, right in the office, right when the boss is yelling. Or if you're the boss, before you're inclined to yell.

It is very difficult to experience truth when you are upset. And yet truth is the answer or the attitude of preference for your peace puts you in the place where truth can be experienced and you are able to be utterly appropriate in that moment in that circumstance with that irritable woman or arrogant man. There really is more value in a response from your peace than there is satisfaction at responding from your conditioned thinking—your anger, your concept of who you're dealing with, what you're dealing with. But you know more than how valuable it is to the circumstances it's really a heck of a lot more pleasant not to be experiencing a knot in the pit of your stomach.

You all can live without fear! And it has nothing to do with whether or not there are circumstances that seem to justify fear, they are not what is causing you to be afraid. What's causing you to be afraid is a choice you are making to be reactive to the circumstance rather than making a choice for, or preferring your peace. It's just a habit that you are reactive. You say, "no, it's instinct." No it's habit. And if you will dare to believe that that might be true and just experiment with making a choice instead of following your instinct you'll find that indeed you have the option at every moment to come from your peace. It's a choice!

The room was bubbling with vital conversation and joy and enthusiasm and anticipation and you all sat down and you made a choice to do something else. You made a choice to be still. I believe there is still justification for joy. It is not that it went away, but you made a choice to experience being here from your peace rather than riding on the froth of your enthusiasm. And if you'll pay attention right now—in the peace—the joy is there. What's missing is an edge of excitement. The joy is still here. The edge of excitement is the edge of fear, you see. And you can have joy without an edge to it—without an edginess to it.

This is really important because it's the way you access sovereignty that you didn't think you had. And the only reason you didn't think you had it was because you didn't know that your peace was a simple matter of choice. You didn't know that fear was a matter of choice. And if you realized that it really is a matter of choice you can choose differently than you have in the past. Let us say there is a circumstance which you could almost truthfully say was a frightful circumstance. The simple fact is that if you are able to have the presence of mind necessary—the presence of mind necessary—to choose for your peace you will be a much more rational and appropriate presence in the midst of that circumstance that needs to be dealt with. And you will be of more value to more of those involved in the circumstance than you will if you join them and run around like a chicken with its head cut off.

You know, if Paul wants to hear me he has to shut up. He has to be still. In being still he doesn't disappear, he's just there as a presence of attention— attentiveness. If any of you want to experience your peace you have to be a presence of attentiveness to it. It's a simple choice. Can you imagine living for a whole year without experiencing one pang of fear? It's easy!

The world does not have to change in order for you to live a whole year without any experience of fear. People can still apparently die. There can still be accidents. Nothing has to change out there in order for you to experience peace. The only thing that needs to happen is that you make a choice for it, that you don't value some right you think you have to get excited about what's happening and give your two cents worth of the excitement!

We started out yesterday talking about the fact that justice is really a substitute for healing. Preoccupation with justice is the way one avoids the joy of being whole without somebody else having to pay for it. I'm just going to let you think about that for a moment. The preoccupation with justice is a way of avoiding the experience of wholeness without someone else having to pay for it.

Has anybody gotten it yet? You see, it's simple, as long as you think somebody else has the keys to your fulfillment. As long as you think someone else has the power and controls whether you can feel whole or not then they have taken something away from you and they must pay for it in the process of your getting it back from them. And that is why there is a system of justice, so that you can get your due, if you will. So that you can get even. And even doesn't mean in balance, it means extracting, as I said yesterday, an eye-for-an-eye and a tooth-for-a-tooth. But if you've lost an eye and you take away another one's eye both of you are blind! That is why the answer is healing! And in order to heal, as I said yesterday, you must find yourself guiltless as well as the one that seemed to have taken something away from you, else their conviction convicts you as a victim.

In your healing you set your brother free. You do not in your healing incarcerate him for life, or take his life away. In your healing your brother is healed. And so that makes it very clear what justice is really about. It's not about love, it's about getting even.

Now if your peace is always available to you and is a matter of choice and circumstance then your wholeness is always available to you and it's a matter of choice not circumstance. Actually, what is a matter of choice is your experience of it. The wholeness is not a matter of choice, it is an absolute unalterable fact. Whether or not you're going to experience it, let it in, is a matter of choice.

I'm just letting it rest there. So often full-fledged adults are like children at Disneyland, where there are delightful things going on and while there even standing in the line for one thing they say, "what are we going on after this?" And what I'm trying to say is that as something meaningful is shared and light-bulbs go

on, instead of being with that awareness you say, “Give me more, give me more, give me more,” and you race through. And so I’m letting there be time to be with the thought, with the idea.

If right now all of you at this very instant are the direct expression of the Movement of Creation—the Father, God, Buddha, whatever you want to call it, the Prime Mover—if you are then your full experience of it is available to you and it is a matter of choice whether you experience it or not. And if you are engaged in achieving justice, whether it’s a war you’re having with your body, whether it’s a tangle you’re having with a neighbor or a mate or a son or a daughter, as long as you’re preoccupied with justice you are blocked from this ever available direct experience of your Sonship or Daughtership, of your Birthright, of the experience of who you Are.

Peace is the bridge you might say, to that experience. Because in your peace you are being silent, you’re not making the choice for war or justice or getting even.

Just for perspective, there are places on this planet where life is not nearly as frenetic as it is here—not just in Hood River but I am saying in the United States. And as I said yesterday there is an unspoken coercion that is communicated silently and by behavior. And so it seems utterly normal not to be at peace. But it isn’t! It’s just a life-style! It’s a decision! And you know what? You can change your mind. And as I said yesterday, to be coming from your peace, to be able to be perfectly appropriate in any given circumstance does not make you dysfunctional in a frenetic world. What it does is, it causes you to be a presence of transformation that is recognizable to everyone who is in a frenetic mode as solutions, as what works. “Why didn’t I come up with that,” the frenetic one says? Well.... But it’s recognizable as valuable. And so you do not need to be afraid that if you are choosing for your peace that you will become an odd-ball. It’s not true.

I must say something else. Do not assume that because Paul is listening to guidance and Paul travels around and speaks to groups that if you get in touch with your guidance you’re going to end up traveling around and talking to groups. If Paul had known ahead of time that that was going to happen we probably wouldn’t have had many conversations. But this happens to be what is appropriate for Paul. This is the way being transformational looks for Paul. But being transformational for you may be having the most wonderful restaurant for people to enjoy, and for other’s to be the most wonderful accountants who are able to set their clients minds at peace about the IRS involvement’s, or being a Minister of a church. It will amount to your being appropriate in the moment.

This is not the only way Paul is appropriate. He is able to be appropriate in a grocery store too, where no conversation about the Kingdom of Heaven

occurs. But the key lies in your at least having a preference for peace. So that you remember that the choice is available to you. And hopefully you will make the choice more and more often! You will dare to experiment and say, “well, ordinarily under this circumstance I would be flying higher than a kite, but I’m going to try it differently this time and let’s just see what happens.” You can dare to be an explorer, an adventurer, if you will!

So that’s enough. Who has a question?

Yes, over here with the beard. I will just share with you that I selected him and Paul said, “Oh,” thinking I made a mistake.

QUESTION: Thank you Raj and Paul. First of all I want to thank you for a wonderful healing yesterday, and everybody, I want to thank you it was a wonderful day yesterday. Today I want to ask a question about another. And I’m sitting here with my friends because we were talking about that other person. And the reason I want to ask about this other person is because this person has been instrumental in my life and ours. And he’s truly one of the highest beings that I’ve every been around that walks around as an ego, I guess you’d want to say it—you might classify it as. And by I guess trepidation is in my gratitude to him I feel like it’s my turn to respond to him. And I don’t know how to do it. I know that he has his path and I trust that path just as I’ve trusted my own. And I’ve trusted his help with me. And I guess I’m saying this with a little fear as I see him pursue what he’s doing. And in that gratitude it has always helped me and yet there’s... it feels like it’s a time for me to share with him.

ANSWER: And when you say share with him, what does that mean?

QUESTION: I mean there’s a time... you know it’s not justice, it’s just there’s a time for healing.

ANSWER: There’s a rift?

QUESTION: No it’s not a rift, a concern. It’s a barrier. There’s communication that goes one way, from him to me. And I want the barrier to dissolve so I can talk to him as a brother. And I was wondering if you could speak to that, Raj?

ANSWER: It is very simple. You must wait for an invitation. And you are not to turn the fact that there isn’t an invitation into an issue to have judgment about. And let the value that you have received from him lift you, and buoy you and carry you forward being whole yourself.

It is an interesting dilemma you might say. I cannot speak to Paul if he does not invite me. And I’ve said before relative to him and everyone else that those of us who are Awake and are standing in service to all of you cannot inflict your good upon you.

QUESTION: It is an infliction if you don’t ask for it?

ANSWER: Absolutely! That is why David Thoreau said, “If I knew for a fact that someone was coming to do me some good, I would run for my life for fear that some of their good would get done to me.”

If I honor you or any of you right where you are, which is the furthest forward on your leading edge that you can dare to stand—that’s the truth at any given moment, you’re always standing the furthest forward on your leading edge as you can dare to stand—if I can honor you there then you can honor your brother, even if you’d rather have your druthers and have it be different.

Do you see that when one honors your right where you are you relax? And the minute you experience comfort and safety you feel like moving. I didn’t say you feel like being moved. Thank you for asking.

QUESTION: Thank you, Raj.

ANSWER: You are welcome.

And before you say anything: As you’ve probably noticed I do not speak assertively. I do not suggest that any of you assert yourselves. The key in the process of Awakening, the key in the process of your coming back into your Right Mind is a matter of allowing, of letting. When you assert yourself without having listened first to know what is appropriate, what follows can only be described as human will. Waking up is absolutely effortless! “Well, that’s hard! How do I do it?” Go ahead.

QUESTION: Thank you, Raj. I’m just basically going to ask you for a confirmation about the voice I’m hear—been hearing for awhile—as to who or what it is, as it’s sort of identified itself to me in a humorous way. But I’d like to ask for some confirmation as to who and/or what I’m hearing. I’d also like to ask...

ANSWER: Let us just not do run on questions. The answer to your first question is, actually that this is one who is working with you in conjunction with your guide. And it’s a Real experience. Go ahead.

QUESTION: Thank you. The other thing is often when I’m hearing or getting words it will be like there’s two sets of words.

ANSWER: Oh yeah, they can say many things at the same time.

QUESTION: Sometimes there’s the sense that sometimes they need to finish sentences for some people. But sometimes there’s like a couple sets of words. And if you have any suggestions about that or comments?

ANSWER: Enjoy the experience. Nothing needs to be done with it. Paul has that experience often. I not only can say two things to him at the same time, I can answer everyone else’s call as well.

QUESTION: Thank you.

ANSWER: You are welcome. Loosen up! Don’t be so confined in terms of possibilities. And learn to be with the out-of-the-ordinary, if you will, with what

you aren't used to. Learn to just be with it. Much of what you will learn will never be said to you directly, but will simply come from the experience.

Yesterday there was a conversation at one of the breaks, and Paul was sharing an experience that he had, or an awareness that he had come to as a result of his ongoing experience with me. His background, like everyone else's, was that when you know something it becomes knowledge and knowledge is stored away for future use. And to make a long story short, after 13 years of hearing, saying what I had to say he realized he remembers almost nothing of it. In fact, 24 hours after a gathering he cannot tell you what happened until he hears a tape of it. And he thought perhaps he was missing the boat while everyone else was getting the benefit, because he had no knowledge stored up.

But as a result of the ongoing experience of being able to be appropriate in any given moment as a result of listening, and having the experience of knowing at any given moment, it became clear to him not in a blinding flash of light, but in a gradual way, that what I was saying was not something for him to store away as knowledge. At the experience of knowing at any given moment is what is the normal state of being. I did not tell him that. That just became obvious from the experience. You see? Some things you have to abide with and feel, and then you find yourself knowing. And in this case the knowing was that knowledge is not what any of this is all about.

And I am sharing that with you so that you might not go home and think that knowledge, the gaining of knowledge this weekend was what this weekend was about. It is not the acquiring of knowledge that now you will be able to use to control your life better. What it is is the provision of an impulse, if you will, to get you to let go of controlling your life and let go of your memory banks and have enough trust in the innate life affirming nature of All That Is that you can dare to be still and dare to let down your defenses and let in, so that you might experience being whole and being able to be right where you are from that experience. You see?

TAPE FOUR:

I want you to imagine if you will—a contradiction in terms—but an infinite blackboard. This infinite blackboard is life. This infinite blackboard is the conscious awareness that you are, each one of you are. There's only one infinite blackboard, but it is the constitution of each one of you. And each one of you somewhere on this infinite blackboard has marked off your territory. It is a silly concept. You are the territory! But you mark off a little square, let us say, and you say, "This is my territory. This is me." And the boundary, the line around it is constituted of the definitions you have given yourself and you have given life. Well, since you are the whole blackboard, since you are infinite yourself, inevitably the experience of the tininess of this territory you've marked off as

yours begins to feel uncomfortable. But when you begin to feel uncomfortable you have forgotten that the rest of the blackboard is there. and now you think you have to enlarge your square.

I've used the terms enlarging the borders of your tents. This seems like hard work to make your square bigger, because by definition the square is... there aren't a lot of resources inside the square. And so you're always working against the odds. It's a struggle to make that square bigger. And yet most of you call this process "being on your spiritual path." And you have high hopes, great confidence and a lot of faith. You wonder at times whether it's even worth it.

But you see the answer is not to make the square larger. It isn't really a matter of enlarging the boundaries of your tent. It's really a matter of tearing down the tent. It's really a matter of erasing the boundary line that you have created, because the tent was sitting somewhere and there was something outside the boundary of the tent. And every time you managed to enlarge the boundary of your tent you were simply embracing more of what had been sitting outside all along. You know it's a joke in the old time movies where the fellow is sitting in the outhouse and the walls fall down. But that's what waking up is about. (laughter) It's not about remodeling and making a bigger bathroom.

That's why as strange as it seems, as unreasonable as it seems the concept of letting go, the concept of allowing is so important. Because letting is a matter of undermining the structural integrity of the boundary you have created. Letting is the opposite of what gave structure to the boundary.

Well, you all knew you were in prison, now you know what your prison is: An outhouse!

In the silence within you, in the silence that you choose for—that I'm going to say in the silence of your Being—is where insight occurs. It's been known for centuries, but everyone leaves it up to the monks. It is somewhat understandable, because who wants to live that kind of life. You see what you don't understand and what many monks don't understand is that while you're sitting in the outhouse being quiet it isn't just a matter of being at peace in the stink! It isn't just a matter of sitting in peace but still confined. What we need now are for the monks to come out of their solitary confinement and be in the world from their peace, if you need to have role models for what it's really about. That isn't likely to happen, however.

And so now that you know that you have been sitting in your outhouse without the wonderful label of monk, but no different from the monks, you can have a little more self-appreciation, a little more self-honoring and you can be aware that the call at this time is to be in your peace in the marketplace—to be in your peace in the world, to be in your peace so that the infilling of Spirit, if you will, or the disintegration of the walls of the outhouse can occur. And you can be

in your peace wholly so that the infiniteness of you is no longer artificially separated from itself by some definition you are holding about yourself and about what the world is. The reason you end up being appropriate when you are in your peace is because you are not holding and you cannot hold yourself separate from All That Is. That takes a conscious decision. And when you are being still no conscious decision can be made.

So you say, “well if no conscious decision can be made why would I ever get up off the pot? Wouldn’t I just sit here forever?”—well, that’s what the monks haven’t found out yet. No, because as I pointed out yesterday, when you are in touch with your peace you begin to feel the energy of being on the beam, you begin to feel energized. But the tendency toward moment will not be arising out of memory, it will not be arising out of thoughts you had about why you would move. The impulse to move is the Movement of God. And you will Move! But again, the Movement will blend with, will be in harmony with, will be utterly appropriate with regard to all the circumstances around you and everyone will be blessed. And again you will not stand out like a sore thumb.

Did that answer your question.

QUESTION: Yes, thank you.

ANSWER: You are welcome.

RAJ OPEN COMMENT: (After a break) I’m so glad that Paul did that. In other words, making an announcement that I could have made because he felt he could handle it. But the point is he didn’t need to do it alone. None of you need to do anything alone. I will ask you a question that I asked Paul. And that question is: Do you want a friend? Do you need a friend? You know, no matter how self-sufficient you become, no matter how self-confident you become why be sufficient alone?

I’ve spoken rather consistently since yesterday morning about becoming defenseless. And now this morning in the outhouse illustration or the blackboard illustration I pointed out that rather than enlarging the square that gives you definition that you call your territory, all you need to do is to erase the boundary that you have designated as that which states the place of your territory. And yesterday when we spent some time being still and experiencing the love that we were experiencing, but becoming defenseless so as to let in everyone else who was in the room into your space, I have presented a picture in a general way that I want to be a little more specific about this morning, and it ties in with “do you need a friend.”

When you value your peace enough to shut up your thinking, you are shutting up that which gives apparent structural integrity to your boundary. As that boundary dissolves that which was always outside of it can begin to penetrate where the boundary was and register with you. When the boundary is gone you

have let in all the rest. And I don't want this to be just an intellectual exercise or just a concept that you get the hang of. Because when you neglect the repair and the constant shoring up of your boundaries and they begin to dissolve and you begin to feel some of the integrity of your being, and you begin to feel no fear, it isn't just a better private experience. Because what you let in, like the Self you really Are, is Love embodied. And so what you let in you are going to feel loved by. It will be an experience, a Soul experiencing with Meaning, with a capital "M". And I think at this moment the best word that conveys the fullest meaning is that you will let in the experience of having a friend.

What is a friend? A friend is someone you don't have to put up a front for. A friend is someone who is unconditionally with you. More than that, a friend is the experience of being Loved—you having the experience of being Loved.

Now Paul could make the announcement about the truck with its lights on... big deal if he did it alone. But why not do it with the experience of being Loved in the process? Why continue to assert the right to a time and a place to do something he can do well enough by himself, especially if the experience of love doesn't accompany it.

Now I'm not going to play on your heart strings, but when we talk about waking up, it isn't like you've had some spiritual shot of Java where suddenly you are aware! It's so much more than that, because the value, the divine integrity of everything that you are aware of registers with you. And it registers with you as being just like you. And so in registering with you as what it really is it illuminates what you Really Are to your self. And that's not just a conceptual or intellectual experience. It feels, for lack of better words, like Home. Not only does it feel like you, you know that it is you, and you know that you are infinite. And that doesn't make you feel important. It doesn't make you feel terrific about yourself. It makes you feel... it just makes you feel in your Right Mind. And it feels good not to be crazy anymore. But it's a profound feeling of being Sane.

So we have talked about the importance of setting aside defenses. There is a way to have intent to set aside defenses. Again, defenses are called for and are important only to one who sees himself as tiny and separated from everything else. Now one does not get rid of defenses by becoming defensive against defensiveness. One abandons defensiveness by doing something different. One does it by inviting someone or something in, making room, making a point of entry, if you will, in the boundary that you have created to define your territory. Unfortunately for the ego in order to make that doorway it means that your boundary is that much less well defined.

And so that is why I am talking about "do you need a friend." Do you really need to do anything all alone? I don't care whether you're doing dishes, or whether Paul is letting somebody know that they left their lights on in the car, you

can do it joined—consciously aware of not being alone. You can ask me. You can ask the Holy Spirit. You can ask the Christ Mind to be with you. You can welcome friendship. And even if you don't hear an answer you can throughout the day persist in making the invitation. Because you know what? The infinity of you didn't create the boundary. The one inside the boundary created the boundary. And even if your boundary is still solid enough to keep you from hearing a response, your persistent expression of a desire to be joined with someone who is Awake, someone who is expressing a more infinite intelligence than you are currently accessing, that desire felt within you begins to cause the boundary to deteriorate.

You who made the boundary can unmake the boundary with a conscious desire to be accompanied in whatever you do with a desire to have a conscious experience of that companionship. If you desire to have established in your life a union, a joining with one who is expressing the Father's Will and who therefore has no intent that can be harmful to you, that is the way, that is the way you undo your isolation.

One of the lessons in A Course In Miracles says, "today I will make no decisions by myself." Well, who in the hey are you going to make them with? Who's available? Well you either have your memory to join with to deal with your day. Or you have something outside the boundary of your current frame of reference. And so if you're going to not make any decisions today by yourself, you need to ask. "Well that's such a marvelous concept, asking... asking." It's the way you penetrate the boundary you have created around yourself. You are not alone. I had Paul make a little yellow sticker and put it on his computer. It says, "do you need a friend?" to remind him, not how needed he was, but that he didn't need to do anything alone. And that in fact to the degree that he stayed in communion with me he was undoing his experiences of limitation and promoting his awakening, not by his design but by the Father's design.

QUESTION: Thank you, Raj. I seem to have some difficulties both on a physical level and on a mental or emotion level that feel like real limitations. And they seem to be getting maybe more intense or more sever. I've been going through what I would term a period of recovery from the ending of like a 15 year long relationship. And I would kind of thin that you know at the getting on to 3 years that would be improving but it seems to be getting worse. And physically I seem to be having more and more difficulty with like cigarette smoke, additives in food. If I go into a room where there's been a lot of smoking like some of the areas here, you know my throat will close off, my eyes just burn and itch constantly. And the longer I stay in it the worse it seems to get.

So on several levels it seems like an isolation or more isolation. And I think I've done a lot of work and attempted to get healed in both those areas. But when you said yesterday about people leaving here and going to a place where they just might be pain free for a year, you know that sounds really good to me to be not in this struggle anymore. And not having these... it almost feels like the physical things are an invasion or an attack on me. The cigarette smoke is real debilitating to me, fumes or pollution are real debilitating to me. And I do kind of live in an isolated rural area so from that I can kind of retreat into that and get some respite from it. But all the things you know feel like they're so heavy and so demoralizing that I'd rather be in a place of peace out of here than I would you know continue to go through this.

ANSWER: I'm glad you asked this. If ultimately you are going to find, as I described a little bit ago, that everything you see is just like you and that you will feel loved by it, obviously the very things that you have described which are irritating to your system or to your thoughts, those very things will be the things that will confirm to you your Sanity and your Divinity, but you will be seeing them differently.

One of the things that I did not describe to you was the fact that everything that you will see will obviously be to you constituted of Living Light. That does not mean it will not have definition. That does not mean it will not be recognizable, whether it's a body or a tree or a universe. But it will be obvious to you that the substance of it is Light. Not only that, you will find yourself spontaneously aware that the Light is Living Love.

Now why am I telling you this? I am telling you this because at this very moment everything you see, the wallpaper, the wood, the chairs, the other people are vibrant Living Light/Love. And that means that any cigarette smoke that you might see in this room, or any of the other irritating things that you experience would be seen as that which was utterly loving you because its substance was not nicotine and tars, but Love.

Now you know another way to begin to break down this boundary, this small portion of the infinity of you that you've claimed as your territory? It is to invite a new experience. That's like wanting a friend—that's inviting a new experience. I'm telling you that right here, right now there is a new experience awaiting you. Ultimately it is the experience of the Kingdom of Heaven, because that's what you're right in the middle of. But your little territory that you have defined as your territory causes you not to see the whole territory as it is, but only in terms of the definitions of the territory you have claimed as yours.

Now if you want to escape all of these irritating things, all that you will do will be to move from this part of the Kingdom of Heaven to another part of the Kingdom of Heaven, from this place where the Light of Living Love that is the

substance of all form that identifies the Presence of and Movement of God to another place where there is the same thing to experience. But you won't experience it there unless you invite a bigger experience of it than whatever definition you are giving to it. The real need here is to realize that defense is not needed right here. Your bodies reaction is reflecting the feeling of a need for defense, a need for something, some conditions or circumstances to provide you with a feeling of safety.

Now I said yesterday that because justice is the substitute that is used for healing, and that healing is what is called for, something radical is called for. And I am talking right now in terms of being radical. The answer doesn't lie in going to a place where conditions are improved, because those conditions will just be other conditions that you have defined as being safer for you. But you're still going to be there in a state, circumscribed by definitions and your tent will still be the same size and you will be no more able to discover the Kingdom of Heaven, the Reality of Living Love identifying the Movement of God. It's right here! And this is the radical approach, if you will, that needs to be taken. Instead of fearing what these elements and circumstances can do to you, dare to have the curiosity to feel the Love that has to be the substance of anything you are experiencing.

And that's why I said yesterday, at random say, "thank you, thank you, thank you," to whatever catches your eye. And you are saying thank you to being, because that is the way without control you let in a new experience. You see you are not going to have a new experience until you let yourself see it a new way. You don't have to wait for the circumstances to change. "Yeah, but I can't control my body reacting to this and reacting to that, it just happens." No, that's just another definition or concept that you have applied to it. Your body, as I said yesterday, is the visibility and tangibility of the presence of your Individuality. And the presence of your Individuality is the Presence of God expressed and seen where you are. And your body has only one function: to identify your Presence perfectly. It has no capacity to act independent of you, of your presence, of your divine Presence. You can however, in a separated self-awareness experience fear and then use your body as a defense, tensing it up, densifying it, doing what is unnatural to it, and you call it physical problem—disease.

So do you need a friend? Well, you sure need your body to be a friend instead of an enemy. And so I encourage you to invite your body to register with you in its true intent. I'm not asking you to ask your body to be different, or to do something different. If you ask that you're asking your body to do what it's been doing all along. And while you're asking it to perform its divine Function of registering with you what it truly is you will be neglecting to energize fear about what it's going to do next. And in the absence of that fear you will not be using it

defensively and you will find the density dedensifying and you will find healing occurring.

But you all have got to start right where you are with a willingness and a curiosity to see what in Heaven's name is really going on here and looking like wallpaper, and wood, and bodies, and ego's. "What is really going on here?" That's the way the boundary breaks down. It breaks down through sheer neglect of being taken care of, reinforced. It is not able to keep itself together. It has to be daily maintained.

Specifically the answer for you relative to all of these things you mentioned in your question is to be willing to have a curiosity to see what's really there—what's Really Divinely there. Are you afraid to find—and I'm not asking you to answer this question, but are you afraid to find that the need for a divorce and the struggle through the divorce might somehow be able to be identified as whollizing and divine? Are you afraid to find cigarette smoke to be harmless? Are you afraid to find that those things that had justified great self-righteous indignation to be something functioning divinely on your behalf beyond your current sense of what was best for you? Ultimately you'll see that the only that was ever going on was the Kingdom of Heaven. Ultimately everything going on identified your fulfillment—not the way you were interpreting it.

It comes back to this issue of justice or healing. You know the last person to wake up, the last person to suddenly see the Kingdom of Heaven right where he is—Paul just thought, "will probably be me," because he already knew what I was going to say—will be one who says in his last ditch attempt that, "I have a right at least once in awhile, to be able to see things the way I want to see them." And so, everyone else will be in bliss and right in the middle will be this one individual who will inevitably still be protecting himself against elements, cigarette smoke, smells. He will still be trying to be at peace in the atmosphere of the stink of his shit in the outhouse, you see. "My way to wake up is to be at one with my shit! I know it to be true and therefore I'm sticking to my guns."

You see as long as you don't find tobacco smoke and other elements to be guilty of imposing upon your freedom, you will not be in a position of having the curiosity necessary to see the divine event going on right there that will exonerate them and free you. And so the radical stance that is required here in order to have healing is to allow the elements you find objectionable to be redefined by the Holy Spirit, if you will, so that you can forgive them by withdrawing your judgment upon them and thus blessing yourself with healing. That's the radical stance that will get you off of this scale of justice.

It is appropriate to take a break.

QUESTION: I want to say thank you, thank you, thank you, Raj.

ANSWER: Are there that many of me?

QUESTION: Well you said to say, “thank you, thank you, thank you” for talking to us. And on many of the tapes I’ve heard you mention the “healing team” and I really want to know more about it. What it is? How we call on them? Do we need them?

ANSWER: Well, do you want them?

QUESTION: Well, what I mean is can we do this by our self, if we just acknowledge our divinity, or do we need help?

ANSWER: That is a good question. Tell me how would you know how to acknowledge your divinity without some help?

QUESTION: Are you asking me?

ANSWER: No, it is a rhetorical question. You see you don’t really know something until you experience that something. It is of course a start in the right direction to know intellectually that you are divine, because that gives you a reason to ask what it means.

So you can’t do anything alone. You can’t do anything by yourself. It’s always been the attempt to do something by yourself that has caused the sense of separation from your Source and has caused your direct experience of Who you Really Are to be unavailable to you. So the only way you can move in the right direction is to stop doing stuff by yourself.

The fall was a declaration of independence. So if you’re going to come back into your full stature as the divine one that you are you’re going to have to revoke that declaration of independence.

So if you wish you can acknowledge that you are divine, but then ask to have the Meaning of that to be disclosed to you. You can say, “I am divine. And I desire to have the full experience of what that Means. I ask for help in releasing whatever blocks me from the direct and full experience from what that Means.” Or to be even more straight about it you can say, “I know I am divine, but I also know that I don’t have the faintest idea of what that means. And I want to know what it Means. Please fill me with the experience of what that Means. Please help me release whatever I am doing that blocks that experience.”

So what is the “healing team”? Well, you would be amazed to know how much help you have available to you. You would be amazed to know how many there are who are Awake who stand at the ready, you might say, to help you remember who you Are. And part of you are remembering who you Are is the rediscovery of what your body really is, as that which is the recognizable part of the expression of God. Like I told Paul, your guide you could say is there to help wash the windows of your mind. And what has come to be called the “healing team” are those who are Awake, who work in conjunction with your guide on your behalf in terms of clearing your perception of your body.

Now the fact is that the misperceptions that you call disease are just that, misperceptions. And so the healing team doesn't actually manipulate your body, but helps bring to the surface those beliefs that are contributing to the acts of self-defense that you employ that create density where all there really is is Light.

So you need someone or something to illuminate you. As I said earlier, you need a friend. And you need to discover the emptiness of being alone, so that it holds no attraction for you, so that you can honestly recognize that you do need a friend. You see, in a way spiritual growth can easily be ego satisfying, because the better you get at your metaphysics, or the better you get at knowing the truth the better supposedly you get at being able to do that which sets yourself free. But you know what it says, "it's the truth that shall set you free," not your knowing of the truth that shall set you free. And if you want to know the truth you have to listen. You can't be the declarer of truth. Truth declares itself.

You see, one of the statements that Mary Baker Eddy made was that "Truth is revealed, it needs only to be practiced." And the followers have interpreted that to mean that the Truth has been revealed, its Christian Science. And it only needs to be practiced. No, Truth is revealed, which means that for every single individual Truth is a revelation.

And what does Truth do? It reveals Itself. Well, when Truth reveals Itself you say, "Oh, yes!" And rather than it being something you have to practice you've already changed. You are not ignorant anymore in that specific regard. And the inclination to be on this new basis is natural and spontaneous. So you don't want to become practitioners of Truth, you want to be listening at every moment as Truth reveals Itself anew, because Truth is a synonym for God.

So you know you can't just listen alone. It's not an isolated activity, because it's an invitation for something "other than yourself" to you. So it immediately is an active embrace. So, yes you do need the "healing team," or you do need God, or you do need the Christ, or you do need one who is Awake, because that joining must occur that undoes the act of separation that caused you to be in a frame of mind where fear was available to you to experience that justified your self protection that you are experiencing physically as a disease. There's no way out of it.

TAPE FIVE:

And the fact is that I'm sure every single one of you to one degree or another has pursued something on your own right up till the bitter end and finally you have succumbed and said "Help, I can't do this all by myself." And when you've said "help" help has come. The reason it has come is because the declaration of independence was revoked and a joining was invited, allowed and it occurred.

Now it doesn't matter whether you think of it as "the healing team" or the angels or the Holy Spirit or me, it only matters that the invitation is extended. That

is a prerequisite. That is the only way healing occurs. Anything else ends up being manipulation or rearrangement of the physical, while the reason the physical needed to be rearranged continues unchecked because you're still in a state of independence—so called independence.

Somebody asked me if I would say what you all look like to me. And you know I can't answer that in that limited way. Because you know what? Wherever you are you are accompanied by a company of helpers. And this room is full. Yes, if you could see this room is illuminated, not only by the Light that you are but by the Light of those who have accompanied you, who stand in support of you. But more than that everything you see in this room, every structure you see in this room is illuminated.

Now, what you will come to discover is that—and this is a difficult thing to put into words—all Light is white and yet there is color. The color embodies and expresses the intent of—for lack of better words—the idea that is formed. In other words, the function of the form is indicated by color of the Light. And what I mean to try to convey is that at the very same time that you see a color you see it as colorless—as white, in other words. And so when you look at these glasses the frames are a different color from the glass. And the screws holding the ear piece to the frame of the glass is a different color. It is a rose color. It is a particular shade of rose that says the intent or function of this screw is different from the intent or function of the cross brace here, which is a very, very, very light, almost white-yellow. And so there is what some have described as a blaze of color. But it's not chaotic. but colors that I cannot even describe to you because you cannot image what I would describe as a color.

So this room is illuminated. And the illumination, it's intent, it's function is conveyed by means of its color, and its color relative to the whole. You would say it is quite amazing. And no, Paul is not seeing what I am describing, but it is available to him.

So, you know really you asked, “Do I need the ‘healing team’.” Well, whether you need them or not, you've got them. And they're here. And all of them are here for each of you. Gee, that means you don't have any privacy doesn't it? Maybe that's why you're not Awake, you still want some privacy. You know what that really means? It means you want something that's totally yours... Something that's totally yours... That you would withhold rather than share freely.

I'm going to ask all of you to consider asking within to have revealed to you why might it be a wonderful thing not to have any privacy. That will set things working in a new direction. You see you need to become curious about the things, not hoity-toity, high-flatulent spiritual things but you need to start asking strange questions about everyday things. You need to be curious about a new way of experiencing what you're seeing everyday.

Well if you don't have privacy then you might feel quite vulnerable. But you know what? The fact is that if you didn't have any privacy you would feel absolutely invulnerable. The only thing you can feel vulnerable about is losing something that is your exclusive possession. And so the Course says, "to have, give all to all." The only thing you can feel vulnerable about is losing something that is exclusively yours.

To give up privacy automatically releases you to your experience of absolute invulnerable. "Well, yeah, but I've been studying all these years and I've gotten these things clear in my mind, and things are just now beginning to go well for me, and it's proving that everything I was doing was on the right track and I really know I'm making headway, and now you tell me that managing to do it all by myself isn't where it's at?" No, I won't tell you that. You can do it for another couple of lifetimes if you want. Yes, I will tell you that.

You can't get into the Kingdom of Heaven by lifting yourself up by your own boot straps. You've got to let yourself down and you've got to let in—figuratively speaking—you've got to let the ground support you. And in that willingness to join and be a part of and be in partnership with something else, the act or the declaration of independence is broken. And no I don't get tired of saying it over and over again, because the expression of truth is like a breeze of light. And it is a sheer pleasure to have your being be visible as that which is the source of great joy. Every intention that arises out of one's unblocked connection with Reality is a source of joy, a recognizable source of joy universally, because there is no such thing as a private experience.

Everyone who is consciously Awake at this moment in addition to everything else they are experiencing are experiencing everything that is going on here this afternoon. I mean everything, everything about each one of you right down to the tips of your toes, because no matter how much you think that body sitting there is yours, it's not!

In a way you tend to, some of you tend to feel pretty good when you come to the lesson in the Course where it says, "today I will make no decisions by myself," like today you're going to do something new. Yesterday you made no decisions by yourself. What's the difference though? The difference is that today you will make no decisions alone and you will have chosen who you're going to make your decisions with.

You really only have two choices. You have the choice to join with one who is Awake or you have the choice to join with your definition of who you are and the memory banks that it has established. And you're either going to be being based on your past, or you are going to be being based on God's present. And those are the only two choices you have. And another way you could say it is one

way or the other your channeling something. And you want to know something? It's never you! I'm going to let you think about that.

You say, "Oh well, I was just being me." Like hell you were. As long as you're inside this little tiny box that has partitioned off the inside from the rest of the infinity of who you Are you have a way of thinking of yourself and looking at yourself and looking at how things work and you think you have a self—you think you have a self. And then you say, "I'm being myself." But when that boundary disintegrates you'll no longer talk about having a self. You'll no longer think in those terms.

Right now, Paul is here and he is not having an experience of self. I mean by that that where in his "ordinary frame of mind" he would think of a self who was here on this platform separate from you—and now he is becoming self-conscious—where in is "normal frame of reference" he would think of himself as a self here on the platform different from you when he's self-conscious. And when he's self-conscious it's difficult for him... Well, it's difficult for him to be appropriate, but more than that it's difficult for him to experience the flow of the appropriateness that is all involving. When he is self-conscious he is conscious of a self that is located in space, that only involves the space that his body occupies.

Is this manifestation of self-consciousness not frustrating to you? Would you not rather have the uninhibited flow of the Movement that you've been experiencing all weekend? Well, I'm going to zap ya! Everybody else would like the same thing from you, not just you, but you and you and you and everyone. The Gift of Who you Are is what blesses everyone.

You see, Paul cannot remember what we were talking about. But he doesn't have to remember what we were talking about because I know what we were talking about, and when his sense of himself gets out of the way he will know what we are talking about.

(Long pause) And now he's dabbling in embarrassment, even though it has no value whatsoever. And why do all of this in front of you? Because you're going to have the same experiences of losing it and feeling foolish. And you need to understand that as long as you're intent to listen, to have that friend, as long as that intent is greater than the degree to which you want to play the role of embarrassed one, then being embarrassed or feeling foolish for having lost your center will not govern and guide what will happen.

Okay what were we talking about when Paul lost it through self-consciousness? I am asking for a response, I am not going to put Paul through the paces of getting past the block.

(There was no microphone used so I can't hear the responses.) Indeed. Indeed. Now he's not hiding. We'll see if we can do it again.

When Paul is letting the words flow, when he is joined with me and is not self-conscious, he's in a Movement. And it is in a Movement that he is in and all of you are in. It is a Movement that is a Wholeness. It is a Movement of clarity. It is a Movement of expression that is healing, not because healing is being attempted, but because the expression of truth is healing and transformational. What I am meaning to convey is that you don't have a self. You are either the direct expression of the intelligence that God is being at this moment, and therefore God is what is being at this moment, or you seem to be a simple expression of stored memories and habit patterns. When things were flowing smoothly Paul was not having an experience of self, but he was having a full experience of being and of being consciousness that in no way held itself separate from any of you, and who experienced no separateness.

Now the simple fact is that through out this awkward period you haven't changed from attentive and warm and interested people to individuals ready to point the finger and Paul and say, "see you goofed." Paul's experience of self-consciousness, or of a self needing to be defensive went on entirely in Paul's mind. Now this is an important thing to understand for two reasons. One is that very often as one engages in his or her spiritual path you think that it is a process of self-improvement. And as long as you think you have a self of the kind we're talking about, that can be improved or who can be uncomfortable you are experiencing an illusion.

(Another long pause.) I just told Paul, "no they don't have to pay more for this kind of a show." (laughter)

We're going to back up. I said that you are always channeling something. Another way of putting it is that you are always giving expression to something. And what you're giving expression to is never you. You see we're moving into new territory for Paul too, and he is letting it in very slowly. Paul's going to grow right in front of you. You see the only place, the only circumstance under which you could think that you have a self is from within this boundary of the infinitude of you that you have drawn and claimed as your territory. The territory that is yours belongs to a you that is no longer the infinite but that which is defined by the territory, by the boundaries of the territory claimed. And this you who has claimed the territory can now under these circumstances be called a self, but it's not You, the Whole Infinite One that you Are.

Now as long as you are not totally Awake and you are experiencing everything from within the boundaries of the definition of yourself that has been given to you by virtue of the boundary having been drawn and claimed as yours you have only two experiences of, what I'm going to call communication available to you. One of them is constituted of stored memories and data within the boundary. And the other is the Whole Self that you Are that extends infinitely

beyond the boundaries, which is a Wholeness in which all of the Brotherhood exists Wholly and unseparately. And so you are either from your tiny vantage point going to be letting in a Brother or a Sister providing clarity to you because you have said you want a friend and you don't want to be alone. You are either letting that in or you are letting in old tapes, so to speak, old recordings, old experiencing and extrapolating from them what the meaning of a thing is or what you ought to be doing.

You see, I will tell you the reason I am bringing this up is because—as with Paul, but not at this moment—it is with you, you will think that there is a you that has the choice to listen to your ego or the Holy Spirit. And there is no in-between place. There is not this third vantage point called the self that can choose to listen to the ego or choose to listen to Truth or the Holy Spirit.

As long as you think there is this third place from which to observe you can say, “well, today I'm not going to listen to my ego and I'm not going to listen to my guidance either. I'm just going to hang out for awhile, and I'm just going to be me.” And there ain't such critter! If you understand that your choice really is between something and nothing, between your union with that which is Real and a nonunion with a purely imaginary sense of self then you will have the perspective necessary to not value nothing, and to not value being alone. Meaning that you value more having the experience of a friend, that you value the experience of union that connects you with the Movement of Being that is far more fulfilling for you to experience and far more fulfilling for everyone else to experience right where you are than it is when you're just being you.

Somebody asked also earlier today, “do we have a purpose? What about finding our purpose in life?” Well, again it's like saying “what's my purpose within the box, within this boundary that gives my life definition.” Well your purpose has nothing to do with that box. Your purpose has nothing to do with this lifetime. If you have the realization that you don't have a self that can have a purpose, you will find the experience of purpose happening right where you are that embraces all of the universe and helps to disclose to those who think they have a self that has a purpose that they don't and that the giving up of that concept will allow them to have the wonderful experience that they see you having.

Now I have said it completely, although it did not come out smoothly. And we're going to take a break, and I do not mind if you chat. But if there are niggling questions or if there is a feeling that you haven't quite gotten this, I would invite you to be still. Don't try to figure it out but be present with what I've said, inviting it to illuminate itself more completely to you. Because it is very important.

ANSWER: I must explain to you that Paul became self-conscious because he was afraid that his interference by being distracted got in the way of your being

able to clearly hear what I was saying and that therefore the point was not successfully made. I am going to suggest that we take a few moments for you to share—anyone who feels like it—whether you got the point, what you experienced from this little episode. Is there anyone who would like to do that?

QUESTION: My name is Ted. My interests particularly keened up when you mentioned, tied it in with the question about purpose which was one that I had asked. And my sense about what was being said was that we could either channel or choose to participate with two experiences. One being from within the limited boundaries that we draw for ourselves to define ourselves, or that of Truth, God the whole blackboard, our guides, whatever we choose to call it. And that it might be very easy to say since something or someone is choosing one of those two there must be a third thing—the one who is choosing. And you were saying no there is no such third thing, it's just one of the other two.

And then as far as the talk about purpose, I was hearing that there was no such thing as purpose from the limited perspective of being within the boundaries, the small circle we draw around what we call ourselves. And the larger, the entire blackboard is perhaps purpose itself as it Moves.

QUESTION: I would like to, if I may, Paul and Raj share what I experienced when that happened with you. I've experienced since being here watching movement to Paul's right. And this movement is always been more animated than Paul. And I have identified that as Raj from the moment I experienced it. But what I watched was prior to Paul standing and becoming animated, more animated than he had been previously was Raj moved in directly behind Paul and then they were one. And then Paul become animated as Raj was animated. And I say that there was no mistake it taught us all very much and taught us all that we are truly one with, not only each other but one with our guides. And they're within us. And that merging we let go of our iron bound identity of the outline of our body and feel and know that we are one, physically, mentally and above all spiritually. And I thank you very much, Raj. And I thank you so much, Paul. I've learned a deep lesson here today and I can't be grateful enough. Thank you.

ANSWER: And I thank you.

QUESTION: My experience of the event was the universe changing. And I want to say that in a way that in your description of the dissolving of the ego I'm reminded of a place in the Course where it says it only takes one to do his part completely. And I have the experience of you offering Paul or any one of us... you actually were a blueprint I guess you might say for each one of us to do our part completely.

QUESTION: My experience was to see that you don't overwhelm Paul, that you don't take over, in the sense that it's a partnership and really is on both your parts. And that means a lot to me, because that's what I'm trying to do. And I love the thought that I don't just have to just disappear, but that I'm a part of something and that I really matter. And I'm very grateful that your willing to go through this with us.

QUESTION: I too am very grateful for what I've experienced here today. The thing that is really come to my attention, points that stood out were that we really need a friend. And I like the way you presented that, that you are truly our friend, and that this is really a personal journey between friends, and it's not really an abstract experience. And that the more that we allow ourselves not to be private, that there are no private... I think that's another thing I got real loud and clear too, that we're really all in this together is very important, I mean we're all doing this together so if we're feeling the oneness... or that we are all in this together if we don't feel self-conscious. And I was observing what was transpiring between you and Paul and you were saying that Paul was feeling self-conscious but yet I didn't observe Paul feeling self-conscious, which was very interesting, because he was feeling something, but I wasn't seeing that happening. I thought the clarity was flowing fairly well in spite of the inner dialog that was transpiring. I also saw the inner dialog going on but I wasn't aware of quite what that was.

And I think that's really nice, because I also... I'm getting from this is that we have a trail sweep here with the Holy Spirit, we can be screwing up, but it may not be visible to everybody.

QUESTION: I think I must have heard a different question than what I'm hearing answers for. The question that I heard when you asked was well that the point hadn't been completely expressed that you were trying to make and that you wanted to know what we thought we had gotten from it.

ANSWER: It was not that it was not completely expressed, but Paul was concerned that what he was experiencing had gotten in the way of it being completely expressed, and therefore, the question was: I will say, "do you feel that you got what was being said?"

QUESTION: Well, what I got was a major jolt! I guess I had always thought that there was what I thought of as the little self that could choose God or could choose the ego—I could choose to hear one or the other. So to hear that there wasn't something in the center of whatever, choosing was quite a jolt to me. So what I heard was we are either always expressing God and letting God be God, or we're trying to prove that we're something else, and that there isn't a middle thing choosing.

ANSWER: Indeed that is what I said.

QUESTION: Well I guess I'm going to have to ask this. I've been talking to everybody else about this and thinking that I wasn't going to have to address Raj. I think my question is with the joining. I had always thought that once we are able to let down those barriers and those blocks that keep us from experiencing this glorious blackboard of infinitude that as I stand here in this body that that knowledge and infinitude, that great body of Love will be able to be moved through me. And I never really took into consideration that I might need a guide or that joining was necessary, that why can't I just be open, receptive and let my ego go. And so I guess that's my question.

ANSWER: Before we go on to that question is there anyone else who wanted to respond to the other...

QUESTION: My first hit was similar to yours, what happened to this individuality that I've been hearing for years? But then when I came back in here and sat down I realized that the gift was something else, that what I was really experiencing was an act in progress, that we were seeing the gift of the self united. And that what Paul was experiencing was for our benefit. And your seeing Raj supporting him was for our benefit. And your sharing that because we're all going to be experiencing that same thing. And I'm so grateful that I finally saw that. And if I'm wrong please correct me.

ANSWER: You are not wrong.

QUESTION: I think it was really interesting to me and listening to what everybody said what it meant for them. It meant two things for me and I think it's interesting how we learn and the fact it all happened we all learn something and will remember that no matter what. And it's interesting the way it happened. Another thing that happened for me that I think that the sense of humor that things were being present by happened also because this morning you said that Paul would be the last to know. And for me I was thinking, "okay this just happened," and then I saw all the love from everybody going to Paul. And knowing that that's the humanity in us and that it was just beautiful. And then listening to everybody at the break talking about what it meant for them, I thought that was like probably the highlight of the whole weekend. Thank you.

QUESTION: I think I understood what Raj was saying when I walked outside and I looked over the wall at the beauty of nature and a totality of that beauty. And there were all the contrasts of the little single parts—the little rocks and the waterfall and the flowers and the different colors in the trees—and I didn't see one single little self-conscious leaf. And I also understand I think from the feeling that I get from being here that all of you have

contributed to my weekend, and the gifts that you all brought. And I thank each one of you.

QUESTION: I thought there were... for me there were two points, one that I got and one that I didn't. The one that I got was that self-consciousness is another form of distraction, that my puny mind can only focus on one thing at a time. And so if I'm focusing on myself, placing my consciousness on myself I'm self-conscious and then I can't pay attention to anything else. That was the point that I got. The point that I didn't get... I have to say this, Raj, that the very first time I listened to you I was in amazement of how extremely articulate you are, and what a command of our language you have, and how you can explain almost anything without wasting words. So while you were trying to explain this thing about our two choices were either one or the other, it wasn't coming across to me very well. And I was thinking this is demanding a lot of my intellect and what does my intellect know. So I'm just going to let it go and not worry about it. So I stopped trying so hard to understand what you were saying, because understanding is just the booby prize anyway. And I figure if it's important I'll get it later on. And if it's not, it's no big deal.

QUESTION: I was asking what I thought was the question that Raj posed at the end which was, "what is doing the choosing." And we've learned in A Course In Miracles, if choosing the ego or the higher self at any time, what is it that is doing the choosing doesn't even exist. And it boggled my mind. At the same time for the last maybe three weeks I've devoted full time to be in my Higher Self in every moment, choosing, making that choice and often failing, and wondering, "well, what is it in me that's trying to make that choice? If it doesn't exist what is it, what isn't it?" And then I remembered since Raj speaks in metaphors so often a metaphor came to mind, that also for the last three weeks I've been in computer hell. Because three weeks ago the stuff on my computer started to act up, and I started calling hot-lines, and finally got some help from someone who said, "the problem is your chooser has been corrupted."

ANSWER: Your what has been corrupted?

QUESTION: My chooser has been corrupted and you have to reinstall your entire system. And the reason I've been in computer hell is that I did reinstall my entire system, went to a higher level system in fact, and ever since then nothing that I've been familiar with on my computer has worked the way I've become accustomed to using it. So my chooser was corrupted, I had to go to a Higher level system and now nothing looks familiar. And I guess that's what I got out of what happened earlier. Thank you.

QUESTION: I was one of the one's that thought well if the person who's choosing is not me I don't think I like that. And I went outside and sat

in the garden and there's this very solid hotel and beautiful garden and yet right next to it is this freeway with these things just whizzing by, they never stop, they never look and they never notice. And then at the same time the breeze was blowing the leaves towards me and they were sort of swirling around going past. And I had this sense of forlornness but it was also comforting the same time, like something was passing, swirling away, whether it was... I don't know what it was. I was trying to figure out what it was. But the sense and the feeling was something new is happening here.

ANSWER: You are very correct.

QUESTION: I have such great desire to truly be who I am. I think you have just kind of taken that platform from under my feet, because this person or entity that has this great desire has a self-concept that it has this great desire. I realized somehow that I need to see that all of it has already been accomplished. But the emptiness that propels this desire to know, to be is there. If I can't stand on that, if the platform is going, and I'm now floating and I need for you to bring me back before I drive down to I-5, to at least one of the... I don't know what it would be but it could be either to learn not to hang on to anything and float and find that that's okay, or to get a handle to hang on to and that would be okay. So I don't know where I am. I don't know what I do. And I don't know what anything is for. (Applauds)

ANSWER: Thank God.

QUESTION: For the longest time in my life and I've decided that I've never had a thing called free will. I don't know about anybody else, just me. And I've found that a whole lot of things that happened to me in my life that have been good, and a whole lot of things in my life that have happened to me have been bad. And yet because of those things I've learned so much, I've turn them all into learning experiences instead of beating myself up with them. The thing that I could never quite understand is is it me or is it just the I guess the big picture. I think I asked you one time about intent, how powerful was it? Do I make my future on my intent, or is it just part of the big picture, part of the big program. It's very difficult to try to put that together other than the fact I keep winding up getting mixed messages from wherever I go. And I just finally had to decide that there is just me, me as the all-encompassing me, not just me as an individual—it's part of the big program, the big picture. That's kind of what I got out of it.

QUESTION: And part of the process as I remember was rest or reflect on what we heard and ask for it to be revealed to us. And I did that. And right away I heard as I was passing the front desk some words—and that's all I heard—"it would be good to wake up."

QUESTION: I would like to say that what I sensed that is happening here is that love is being expressed. And I do not see love as an individual expression, and yet it might look like that as we hear each other's voices express our love to Paul and to Raj. What is really happening here seems to be Love with a big "L" is being expressed, whether that ends up in learning, whether that ends up in questions or whether that ends up in simple peace makes no difference. What I see is Love is being expressed, and that's important to me.

QUESTION: Well I wanted to add to that the sense I have of making fertile ground for the innocence in returning to one of our starting ideas that we started out with yesterday that through this dismantling of the cage and the dismantling of the ego and letting go of the control of the ego we are making fertile ground for the innocence.

ANSWER: Beautifully put, thank you.

It is all right for you to be floating. What you called yourself wasn't what anchored you. And I will tell you that the motivation you have for waking up didn't come from the sense of self that I just said you didn't have. And with that platform knocked out from under you you will find that the motivation has not disappeared, that the desire has not disappeared. And that what is desired will continue to pull you toward itself. You see? When there is preoccupation with the self very often, in fact most of the time the divine impulse is attributed to this self you think you are. And so it seems as though you have made a decision to grow that will cause growth to occur. Where as the fact is that the impulse felt has a desire, is instigated by the fulfillment of the desire.

It is very much like I have described in the past, that it appears that the tulip plant sends up shoots from the bulb and leaves and a stem as though it is all geared toward the ultimate of the... I'm sorry the daffodil... all geared toward the daffodil blossom appearing. When the fact is that the blossom, the stem and the bulb are always present. And if we were to describe the event you are seeing more correctly, we would say that the blossom is drawing the shoots and the leaves and the stem toward it, as though it is bringing itself from the standpoint of its completion into the picture. Your desire to be Awake comes from the fact that you are already the whole blackboard and it is constantly insinuating itself into the box that has been drawn. That is why the box called the ego structures has to be constantly reinforced.

And so the fact is that your waking up will never be the result of a self that you think you are from within the box that has decided to do this marvelously intelligent thing called waking up. It happens because the whole one that you are is insisting upon dissolving an abortion, dissolving an illusion. And so you can dare to float, because floating simply means that you are engaged in reinforcing the

very thing that causes you to seem to be small, and thus you are not feeling an anchor from a tiny personal standpoint. And in the absence of an expression of authority, a supposed expression of authority by a self that doesn't even exist, in the absence of that you will find that you will gravitate toward the blossom, the fulfillment of that desire. The desire could be best described as the wholeness of you insisting upon its wholeness, and penetrating this little area, this little territory that has been claimed, drawing that of you which is Real into the fuller experience of yourself.

You see, as long as a self that is improving itself is important to the process you will devote yourself to it and that will prolong the process.

If you all grasped the fact that waking up is absolutely effortless—absolutely effortless—you would find no use for a self. If you would consider, conceiving the possibility that your fulfillment really is your birthright you could conceive of no reason for a self to achieve it.

Now I am pushing your limits. I am telling you something radical! And yes it throws what you believed into chaos to one degree or another. But unless you outright deny what I have said and you outright disagree to consider it whatsoever you will find that a state of flux, or let us say a state of flexibility, has been created in which change can occur gracefully.

Now to be practical and to not leave you utterly ungrounded—ungrounded in the field of infinite possibilities—I will say this: As long as there seems to be a chooser then choose to be joined. Because that is an act that undoes your commitment to being separate, well defined in your claimed territory. But I know that more than any time in your past lives (I mean that your current past life, each one of you, here this time) more than any other time in this lifetime it is somewhat reasonable to you that if you abandon control, if you abandon expressions of authority and you do not feel well anchored in familiar territory the likelihood is—and I only say that because it isn't a real confidence yet—rather you have a feeling that the likelihood is that because of what you divinely Are you will come into your Right Mind without a sense of self calling the shots, providing the directions and seeing to it that it's accomplished.

Now who then are you? Well, you aren't your thoughts. You aren't a collection of thoughts that provide a description that you can call yourself. When you become absolutely silent you don't disappear, do you? You don't become unconscious, do you? And yet when you allow yourself to be in the perfect silence there are no definitions being employed. You see? Definitions have been employed for the purpose of you thought, giving you a sense of being alive, of existing. And so, what I am saying is that you are the Presence of Mind. That's what you are, the Presence of Mind, the presenting Presence of Mind. But you're not an object. You're not a definition. You're not a concept. And so when those

things are abandoned by we will say, letting yourself be in perfect silence you are still present, the Presence of Mind.

Now, when you are having the experience of perfect peace in the silence nothing else disappears either. But in the silence, in the experience of being the Presence of Mind, not the presence of a mind, just the Presence of Mind, which you would call consciousness, in that presence everything is available to be experienced on the basis of what it was intended to be by virtue of the impulse of God that called it into the level of experience.

Now, I will accommodate the need here as long as there seems to be a chooser and a need to make a choice, then make the choice for not being alone. Choose to join and do it by inviting companionship, whether it's inviting God, whether it's inviting the Holy Spirit, whether it's inviting an angel, whether it's inviting me, make the invitation! Because an invitation is always extended beyond the boundary of your claimed territory which penetrates it and weakens its apparent structural stability. But understand that when you experience the companionship, when you experience the friendship, not as an idea but as an experience, the boundary through which you reached to have the experience will break down and along with it will be the breakdown or the disappearance of the chooser.

The only place a chooser could have seemed to exist to choose was from a place that didn't represent you, which was more whole than that little claimed territory. And so the chooser is transitory. The problem is that you could say for lifetimes you have experienced being the chooser and as a result of what you might call a persistence of experience it seems very definitely real to each one of you—just absolutely you. I have broken that concept today. And it is an essential part of waking up for you to recognize that no matter how permanent it seemed to you it has been transitory, because it never was actual. And even more than that from this point on it will be so transitory that it will probably be within this lifetime that it snuffs out of existence because you've joined and allowed the experience of the wholeness of you as the Presence of Mind to be the fullness of the meaning of you.

Now, will the visibility, will the recognizability of you that I've talked about this weekend disappear? I did say it was eternal, didn't I? So this doesn't make sense, because isn't this finite? Doesn't it have a boundary? And it's not this, and it's not that, and it's here, it's not there. Well, you've got to learn to look at un-understandable things with an expectation that maybe there is a way to understand that just goes beyond the limits that you have been willing to employ. Because what if this wall is part of the recognizability of you?> What if you have separated out from the infinite expression of Creation one aspect of it and claimed it has your private possession—and it's this body? All you've done is denied all the rest of

you, and left it in limbo. And by virtue of this choice that this is the definition is you you have forgotten that all the rest of it is you as well. You see?

It takes infinity to embrace that which is infinite. And so this will still be recognizably you. But you won't be confused by thinking that nothing else is recognizably you. And you won't be confused that somebody else is not recognizably you. And thus, no one will disappear, but the focus of attention will shift. And you will rejoice in the infinite Movement of your Being of which this is apart. And you will not be able to become self-conscious on behalf of this part that you have claimed is exclusively you and exclusively yours. You see?

You asked whether you had to join, whether you had to avail yourself of a guide, can't you just open up and desire, to have the desire, and I ask you open up to what? You're going to have to open up to something. Now you might say, "I'm opening up to Reality." Fine! This is just fine! You are going to have to join by letting it in and not holding it at a distance from you anymore. Open up to the experience of the Kingdom of Heaven right here. But you cannot open to a vague nothingness. And so you will join with that which you desire to have the experience of. All I'm saying is, desire to open up to the ultimate. Don't just desire to open up to uncle Henry or aunt Mary who passed on six months ago to find out how they are. Desire to join with one who is Awake.

At the beginning of every session here Paul has sat down and said, "I allow only for that which expresses the Christ consciousness and only that which is in harmony with the purpose of Being, with a capital "B", the Father's will." And he continues, "In other words, Thy Will not mine be done. Let the reign of divine Truth, Life and Love be established—be established—in me and rule out of me all self will. And may Thy word enrich the affections of all mankind and govern them." There is a joining, and it is a joining with the ultimate. And in order for the joining to occur you not only have to make the invitation you have to welcome and let in. And you cannot join and still be separate. You can't join by yourself. And you can't undo the territory that you have claimed for yourself by yourself. And you will not experience a loss of integrity by having abandoned being self-sufficient.

Guess what? It's over! I love every single one of you. I am not confused about my identity. I am not confused by the presence of an abundance of you, because it's all us, it's all One. We have sung together this weekend is the only way I can put it. And the light of the singing, the light of the union has been seen everywhere. I do not say this so you can feel really good about yourselves, but to remind you that you don't do anything alone.

And the last thing I want to say in this respect is that all of those who have experienced you all of their experiences are available to you. It isn't just that everyone else gets to enjoy experiencing you. You wonder about joining with just

one guide. You have waiting for you the experience of union with every expression of God that exists. And you're worrying about just one connection? Be wonderful. Thank you.