



Gathering In Kingston, WA -01/04/1996

By: Raj Christ Jesus -

QUESTION: I'm concerned about my ability to be a full time parent and still pursue a career that would allow for an economically stable life and financial independence from Steven. I'm wanting to realize more income through my artwork and how should I approach that?

RAJ: Well first of all, I encourage you to be open to the possibility that your fulfillment may come in other terms than the one's you just described. You see for everyone it is so easy to say to one's self, "I know that such-and-such would be the appropriate and intelligent and loving way for things to work. Father please help me to have it this way." When the key is, literally, to start out by saying, "Thy will not mine be done. And I am very curious Father to know what Your Will is." And you can replace the word Father with Mother or Universe or Prime Mover. But the point is that no matter what word you use you want to express a desire to be providing no biases to the registering of your experience of fulfillment in your mind.

You cannot say, "Father I know this would be good, and so this is where I will be looking for your answer," because this means I will not be looking anywhere else. You see, when you do this you are yielding rather than controlling—you are inviting rather than determining how things ought to be.

What you want is not what you think you want. What you want is what works! Well, what works, what does that mean "what works"? In what respect? When I say, "What you want is what works," I mean what you want is that which identifies fulfillment for everyone with whom you are involved with—yourself, your children, your husband who you are separated from, your possible or probable employer, etc. What you want is to know where you are supposed to be so that your being there truly identifies fulfillment for everyone.

Now I want to be very clear, when I said that you needed to be open to that which was beyond your concept of what would meet your need, I did not mean to imply that what you described is not the way it will turn out. But if you want to see it turn out the way it is supposed to turn out because it identifies your fulfillment, you must be willing from the outset to set aside any concept you have as to how it ought to work out so that you can let go of any tininess that you are

entertaining about yourself—and for lack of better words—tap into the larger picture, tap into the fulfillment of purpose that it is your Birthright to be experiencing, not because you think you know what it is but because the Father is being it at this very instant and it is awaiting your conscious awareness of it. And so when you are saying, “here is what I need Father,” you are sending a message rather than being in an attitude of attentiveness, whereby what the Father is giving can penetrate whatever wall may be there and register with you.

So I am addressing here an attitude. It is the very same thing I have been talking to Steven about. And what blesses him will bless you. What I have been telling him that has been the truth will bless you because the principle is the same for you.

When you say, “Thy will not mine be done,” it could feel as though you are opening yourself up to infinite possibilities. What I want you to understand is that what you let in, that what the Father will respond with will not be an infinity of opportunities. It will be very specific!

And so, in abandoning any preconceptions you have as to how it ought to work out you will not be opening yourself up to a confusing array of potentials. All you will really be doing is abandoning a focus that you were bringing to the process that itself constituted a limit to the possibilities. So it’s the Father’s good pleasure to give you the Kingdom, it is your Birthright to not be experiencing a lack in any area at any time. And so when you say, “Thy will, not mine be done,” you are saying, “share with me that which specifically identifies needs met,” know that it’s your Birthright. That’s the end of the answer.

QUESTION: Hello, it’s good to be here in Washington.

RAJ: Good afternoon.

QUESTION: This is a time of transition for me. Meg Wheatley might say I’m in a state of chaos, reorganizing through a higher order. And I hope this is true.

RAJ: You can count on it! There really is no other option!

QUESTION: I’ve been feeling lost and unsure of my next step. I feel the urge to move but I don’t know where.

RAJ: Then don’t move until you know.

QUESTION: I need to earn money, but have been unwilling to do work that seems menial to me.

RAJ: And you will continue not to have money as long as you make that decision.

QUESTION: This is good! I’ve written a book but I don’t understand where it belongs. I have a lot of energy and I don’t know where to focus it. I’ve been feeling tired and angry and feeling what I have to give is invisible or invaluable. I feel caught between what is true inside and the way

life works on the outside.

RAJ: You remind me of Paul!

QUESTION: Is there a reason for me to be on the planet right now?

I want to live and I....

RAJ: Well, what is your alternative? I am not being smart here! But I am asking you so that you might realize that the question really means nothing, “why am I on the planet right now”. If you truly have no alternative then you might as well pay attention to being here. Because obviously if this is where your presence of mind is being aware, then this is where to give your attention—this is where to be curious. But continue...

QUESTION: I want to live and I want to thrive...

RAJ: You want to live, did you say?

QUESTION: Yeah.

RAJ: I know you can take this. I am very glad that you want to live, because again you have no other choice. Don’t want to live if you are already living. Continue...

QUESTION: Do you have any suggestions that will help me to proceed?

RAJ: Well, I will tell you that all of the things that you just talked about are nothing but distractions you are providing yourself with, distracting you from allowing yourself to be fully present in the moment as who you Are. They are distractions from your allowing yourself to be present in the moment fully enough and quietly enough to have the opportunity to experience what this presence is that you Are. You do not have to be afraid of finding out. You do not have to be afraid that you will find out that there is nothing really here of any value.

As reconfiguration occurs little elements of your life will seem to no longer relate to each other in a way that secures a sense of identity for you. And yet you will find yourself still present observing these elements that had provided you with a sense of identity and substance no longer being cohesive. You will find yourself still observing these elements no longer seeming to be cohesive. They’re disbanding, as it were, from that which seemed to hold you together and will not disrupt you from being the presence of awareness or the presence of mind that is watching them do this. You will remain absolutely permanently present! As these things which you had used in order to have a sense of identity seem to fragment and float away from you, you will find there is less covering You up from your Self.

You know what’s there underneath all these things? What is there about you that is eternal, forever present? It is Love! You know we talk a lot about Awakening, you hear talk about resurrection, I have spoken about coming Home with a capital “H”, Remembering with a capital “R” the truth about yourself—and

I'm not just addressing her, this is true of every single one of you. And I know some of you have wondered, "what is it, what is it that I have forgotten that something in me is moving me to remember? What is it?" I will put it this way, what you have forgotten is how to Love! And what you will remember is how to Love!

Some of you have felt out of place, you might say, since you were three months old, one year old, two years old. Some of you have never felt happy here. Well, I'll tell you something, it isn't because it's such an awful place. It's because you have forgotten how to Love. You have forgotten how to Be Love.

I'm going to take a few moments to share some things with you. There is something quite essential to Being the Presence of Love. And what it is that is essential to it is a lot less than what you are bringing to the living of your life. In order to let the Love that you are move into expression you must give up some things—some excess baggage. For example, defense, judgment, plans of your own, insecurity. Interesting, you thought insecurity was something you had because you gave up security and now I'm saying you must give up insecurity? Yes, insecurity felt and practiced is a defense. It is a way to keep yourselves preoccupied so that you don't find out what's underneath this thing called insecurity. And what's underneath it is this Love that each one of you Are—your essential Being. Fear is another thing that you will have to drop from your knapsack! Pride... Personal success...

Now I agree that this is nothing new. And yet it is very important for me to reestablish in your awareness that all of these things stand in the way of your being quiet enough, being present enough with this presence of mind that you are that you would have the opportunity to discover the feeling of the presence that you Are, which is a Movement of Love.

This book or yours, this opportunity to work and have income, what are they if they're not the opportunity to be in the Movement of the Love that you Are so that you might let it find expression. They are not means of getting anything! Who are all of these people who for whatever reason don't find value in anything you have to share? Well, they aren't somebody there to validate you by finding value in what you have to share. They are, I'm going to say, the opportunities you have to share and fulfill your purpose for being in the giving, whether it's received, whether it's understood, whether it's valued or not. Because I want to tell you something: more than the items that you would share it's the fact that you were giving without self-protection, without fear, without judgment, without self-righteousness that constituted the real gift. The real gift is when you are being present not covered over by anything whatsoever!

I want to come back to the fact that any distress you might be feeling is not because of circumstances—any of the list that you read off, so to speak, at the

beginning, but because you have forgotten something. And this is true of everyone in any aspect of their lives. You are afraid, you are judgmental, you are defensive, you are unforgiving, and on and on. Why? Because you have forgotten something, not because there are justifications for these things—it is because you have forgotten something. And so, the answer lies in your remembering. And this is what you could call a reconfiguration at a higher level, we could say reconfiguration at a more fundamental level. And that which is more fundamental is more universal, it is therefore more natural. It is not something you are working towards but something you are letting yourself into.

Remember, all of you please remember that you cover over the fundamental Presence of your Being which is the impulse of Love which has its source in God. It is a matter of covering it over with distractions of fear, judgment, hate, self-righteousness, goal seeking, willfulness, doing good based upon thinking rather than the good that you would spontaneously do as a result of being Conscious of your Self as the Presence of Love. You cover over the Love that you Are with things which you have come to conclude are essential to survival. And because you think they are essential to survival they are worth every ounce of energy you can bring to them so that you can survive. And yet you have no choice but to survive because you Are the Essence and Presence of Life in action already.

The things you were concerned about in the expression of your question all had to do with survival—survival relative to the dynamics of relationships and the power they seem to hold over the ease or lack of ease of your survival. And I am giving you a new point of attention. The point of attention that I am drawing your attention to, is that in you which is underneath all of these distractions, which is the Presence of God which I am calling the Presence of Love. And you being the Presence of Love are the absence of fear, hate, anxiety, judgment and on and on and on. Therefore, this that I am redirecting your attention to is something very valuable, because it is you experiencing the Essential Integrity of your Being so completely that fear and all that follows fear is nothing but nonsense, is nothing to attend to because you are not blocked in anyway from being the fulfillment of purpose that God has in Mind in being you at this very instant.

I want you also to understand that although this could sound like a dissertation on the spirituality of Being, I am describing the actuality of being right here in this very instant, which is absolutely relevant to right where you are—right where everyone of you is. I'm expressing the truth of the instant you're in and the truth of you in this instant. But you say, "Well I understand what you're saying. But when I leave this room and go back into the world, what you've said isn't going to mean beans, because I'm going to have to relate to the world the way the world says I'm going to have to relate to it."

Well, there's another one of those distractions again. It's not true. There is no reason for you to abandon the genuineness of the Presence of You that is Love and cover it over with a disguise and pretend that you are somebody else and forget who you Really Are and never make the full Gift of your Self. There is no requirement for you to do that! I'm not really picking on you, but you did ask the question. There is no requirement for you to be ingénue! You can be Present in a new way.

And the discovery all of you have waiting you is that when you refuse to be present in the world covered over by fear and defense you will not become dysfunctional. That's the discovery you have awaiting for you. You will not become such a radical presence that no one will understand you. You will be even more meaningful. And the primary reason that you will be more meaningful is because in your expression of your Self there will be no apology for what you are expressing because there will be no fear there. And when there's no fear, people know they are safe. And when people know they are safe they lower their defenses and they let something in. And what could possibly cause someone to lower their defenses but the Presence of Love?

It was important for all of you to hear this today. Thank you for your question.

QUESTION: Raj, I've discovered that my basic needs are food, clothing, shelter, oxygen, water, love and self-esteem. And I'm trying to take care of them physically, emotionally, mentally and spiritually. Am I missing anything?

RAJ: Yes, indeed! You missed the answer that occurred just before the break! The things that you listed are not your needs. Your need is to remember how to Love. And when you remember how to Love then all of those things that you listed will spontaneously be dealt with appropriately.

All of those things that you mentioned are what I'm going to call the things of the world, that all of you when you leave here will be inclined to think you must attend to and that they have more importance than your finding every way you can to be still within yourself so that you might feel the Movement of Love that is the Movement of You. And then dare to make the Gift of That as you attend to the activities and the things you listed.

QUESTION: One of them was love.

RAJ: However, when you used the word love in that list it did not mean Love as I am talking about. It meant love as you or others conceive love to be. Being in the Movement, being the Conscious experience of the Movement of Love that you Are does not fit any format at all. In fact, it won't be something you do for someone. And you will not see it as something that comes to you from another. If it is the presence of utter safety, if it's the presence of the integrity of

you that can't be violated, and therefore you aren't experiencing even a suggestion of violation in anyway—or threat would be another way of referring to the word “violation”—if you are not experiencing that in anyway then your very presence and your actions will be spontaneous rather than premeditated. They will be goal-less rather than goal oriented.

And so you won't love for a reason you will just be the Presence... well as crazy as it sounds, the presence of beingness, which almost sounds like no presence at all. You have no idea how powerful the presence of beingness is, how powerful the presence of no threat is. Why? Because it puts everyone and everything in your vicinity at rest. It puts everyone and everything in your vicinity in a conscious state of an actual awareness that they don't need to be defensive. And this will be the effect of your Presence, even if you were lying on the couch sound asleep, expressing nothing—willfully!

You know what? Everyone and everything—and when I say everything I mean the plants, the animals, even the walls, the furniture, everything—will have an actual experience of feeling Loved. If you stop and think about it, if somebody could walk up to you and by their very presence cause you to have an experience of utter safety, of fearlessness, that would be experienced by you as the most loving thing that has ever happened to you. And yet that one will not be trying to love you! You see?

The list that came out of your mouth so rapidly is the rat race that everyone is caught up in—keeping so busy, keeping everything in order that they say they don't have time to be still and feel the Presence of them Selves that is there underneath all the busyness. Fortunately whether any of you or all of you have the time or think you have the time to become still, you will find that reconfiguration will occur of the sort that prompted your question. And all of these things requiring your attention will seem to fragment and it will be harder and harder for you to keep juggling all of the factors and keeping them straight, until finally they fly out of your hands and your caring for this long list that you were so sure of will become unachievable for you. That can be very disconcerting.

But I have shared with you today what the facts are. And as a result you don't have to wait for an unasked for reconfiguration to occur. You can begin to be less attentive to that list and more attentive to what's there in the Presence of You underneath all the busyness of taking care of these things so that you can ultimately attend to them from that Genuineness of You. That will promote reconfiguration without the stress. The reconfiguration will be more graceful.

I'm glad you asked the question.

QUESTION: So am I.

QUESTION: Well the question that I had spent some time on for quite a

long time... I'm sorry, your name?

QUESTION: Henley.

QUESTION: The answer that you gave to Henley was for me too.

But let me just run through this. I'm feeling really out of sync—just way out. I don't know what's going on. This past year has been the pits! And I've had some physical problems that are very distressing, particularly with my eyes, neck and circulation. And I think all this could become resolved if I could become still, but I'm having a lot of problem with that. I can't shut up long enough for meditation anymore. And all the things that... the answer that you gave to Henley... My question is, I know that..

RAJ: Before you continue, I'm going to suggest that you learn from someone a chant.

QUESTION: A mantra?

RAJ: No a chant! Like a Buddhist chant, where instead of being silent you must with your voice repeat the chant.

QUESTION: My husband would put me away. Which is not a bad idea. (laughter)

RAJ: I did not say that you had to shout the chant! The activity of saying the word out loud or the words out loud will cause you to be unable to be noisy in your mind. It will silence the thinking and will help you move into a place of quietness so that you can then stop the chant and pay attention to the silence. This will be very helpful for you. Continue.

QUESTION: Okay part of my problem in being still is being uncomfortable and trying to get past the discomfort and become still...

RAJ: Physically?

QUESTION: Yes. And it's a vicious circle. I think that the answer that you gave to Henley... My question is how do we do this? How do we drop all these things, all this baggage?

RAJ: There is a place in you, and there is a place in each of you that longs to remember. Your Sanity accompanies you no matter how far into insanity you willfully move. It is impossible to totally forget who and what you are and what your purpose is—your reason for existing. I don't mean reason for existing in this lifetime on this planet, I mean your reason for Existing period, with a capital "E". "Well, I'm here to help my husband on his spiritual path." "I'm here to help my wife." "I'm here to save the dolphins." You are here because God is expressing Himself/Herself and it looks like you and you and you and you. And the Presence of God, which is the Presence of You cannot be totally denied, not even in the imagination. So there is that in you which longs to remember, longs to have the experience of Who and what you Are so that Your/Its fulfillment isn't denied and isn't buried but is being consciously experienced.

So no matter how faint it is you are not unconscious of it. Connect with it. I've said it before, whenever Paul sits down to speak with me he says, "I allow only for that which expresses the Christ Consciousness." "I allow only for that which expresses the Christ Consciousness and only that which is in harmony with the purpose of capital "B" Being, the Father's Will." In other words, he expresses a desire, a focus if you will, an intent for what is to follow, for the time that is to follow. And then he says, "Thy Will not mine be done. Let the reign (r-e-i-g-n) the divine truth, Life and Love be established in me and rule out of me all self-will. And may Thy word enrich the affections of all mankind and govern them." Not meaning the words that are going to come out of his mouth, but may His word enrich the affections of anyone else who has and expresses the same desire that He has expressed and govern them.

So feel, no matter how faintly the feeling is, the desire that you have to remember Who you Are. And then say something similar to what Paul has said. "I allow nothing else.."

QUESTION: I use the exact words!

RAJ: Okay. Do it often. But like I said, do find someone who can share with you a chant, not a long one, a short one that you can repeat over and over. And perhaps have them sing it or say it so that you can get the feeling for inflection. In your occupying yourself with saying this chant you will not be able to occupy your mind with thinking and you will find it to be a very effective way of moving you into, we will say, another space, which is another way of saying moving you into a state of peace that you wouldn't think this little practice would accomplish.

Now I want you to remember that no matter how much you have become used to thinking, reasoning and coming to conclusions in an orderly manner so that you might have an orderly life God has still been the one in charge. And if you abandon the sense of personal responsibility for keeping everything orderly, chaos will not result because God will continue to be in charge. But in the quietness of the inactivity, you might say, of not keeping everything straight yourself, you will be able to experience more peace, and you will find yourself able to attend to what needs to be done. More than that, you will find yourself feeling without going through a thinking process, you will find yourself feeling a knowing of what is appropriate when it comes to dealing with those things. And as that begins to happen you'll feel more secure. And you will feel even less need for being in charge by means of orderly thinking.

It is difficult for many to let go of being in charge, especially if they have been excellent at it—especially if the practice has contributed to their sense of being valuable. Being valuable... But there's a blessing that you have been missing, there is a blessing that all of you have been missing who have become

pretty efficient of your being in charge of your long lists of things. And that blessing is, the blessing that has been missed is that God Loves you. And that it hasn't been necessary for you to scrounge through life like a common man when by Birthright you are Royalty and your fulfillment is your Birthright.

So, as you express this desire I want you specifically to include the desire to experience God's Order in your life without your having to create the order yourself. As I said on another occasion, you might say, "If indeed I am loved by God, might I be given an experience of what that feels like."

The distresses physically that you have spoken of are an attempt on your part to try to be responsible when you are losing the ability to be responsible. Here's the way it works: You have gone along in your life and things have been relatively smooth and now it seems that things like eye sight and aspects of your physical body are, well I'm going to say, failing in one way or another, to one degree or another and then you say, "well I've got to get control of this." And it's not working! What you didn't know in the beginning was you weren't responsible to begin with for the perfect or smooth functioning of your body.

Now as I mentioned to Henley, when things start seeming to move out of your control, no matter what the details are whether they're physical, whether they're circumstantial, whatever, it means that reconfiguration is occurring. And I am not speaking of a reconfiguration called death—ultimately! It's a point of growth where there truly is a Movement occurring from the essence of you that says, "You've got to let go of control. You've got to let go of this wrapping, this garment of responsibility that you have wrapped around yourself and hidden yourself in the fullness of your Birthright with. And so I am assuring you that what is happening is not a call for fear—and do not be frightened by this word—it is a call for succumbing to the fundamental You who has slipped your mind for a lifetime or so, but whom it is time for you to remember.

Your desire that arises our of something in you that knows that there's something you have forgotten and therefore there is something for you to remember, your desire to feel that and let that be the springboard for inviting inspiration and revelation, that is what will allow the graceful move into a greater experience of fulfillment. And I mean by that: More health, clearer vision, no glasses, no systemic irregularities and on and on.

Now if discomfort seems to get in the way, I am not going to suggest as many do that you continue to sit there being uncomfortable as though that is nothing but a distraction that you must get past as part of your practice of meditation, of becoming still. Change your position, be radical and get up and move around as you continue the chant. Do the chant while you wash dishes. Allow spontaneity and freedom and common sense to be part of this. Don't sit there and endure discomfort—move—but stay with the desire, stay with the chant!

You see?

I can't say this too often, "It is the Father's good pleasure to give you the Kingdom"—the whole Kingdom! All that God is God gives to you as your Self. It is like having a bank account that has all there is of the wealth of the Universe in it and it awaits your going to the teller—to the window as it were—and saying, "I am ready to make a withdrawal." It's waiting for you! It's gifted to you! But you will not enjoy the gift until you say, "Yes, I'm ready to receive it!" It is inevitable because this wholeness is part of the Sanity of You that accompanies you into whatever degree of sanity you enter into. It's because it accompanies you that it is inevitable that it will finally override the willful insistence upon lack of any kind—the willful insistence upon working for your wholeness when it's an appriored gift that you couldn't abandon even if you tried, and therefore you haven't succeeded in abandoning since you have tried.

And so it is inevitable that transfiguration will occur. It is inevitable that you will wake up. And it's inevitable right now, you see. It's not in a CD that you can't cash out without a penalty until three more years has elapsed,. You see? I tell you this so that when you become discouraged and argue against the possibility of your experiencing it in this lifetime that you might be able to say, "No, Raj says the Whole gift has been made and is mine and it is inevitable that it will register with me and therefore I will persist with my desire. My desire to say, 'Yes, Father, I'm willing to receive it.'"

And you know, no matter when you finally say, "yes," whether it's here or here-after, whenever you do it for you it will be now. And since whenever you do it will be now, let now be the now! You see what I mean? It doesn't have to be the next lifetime. It doesn't have to be a year or two down the road after you have spiritually grown to the point where you deserve it. Whenever the now is that you do it, because you're not yet awake when you make that decision you will feel that you have not grown equal to it. So even if you wait two lifetimes from now to say "yes" you will still feel no more worthy of it. And so I am saying to you that concept is bull shit. Any now that you choose to say "yes" you will get it. Because... well the vault is full of your abundance, of your fulfillment, and the vault is straining at the seams, intent upon your recognizing it and saying "yes I will receive."

I said earlier that the thing you all have forgotten is how to Love. Well, the Father hasn't forgotten how to Love and the Love with which you are Loved by the Father is what is in the vault and it cannot be contained. And so it insists its way through the walls of the vault that you have built in order to keep it at a distance from you so that you might have this glorious experience of creating your own success on your own. You see?

And so when I said you need to become quiet and you need to let go of all of

this excess baggage so that you might experience the essential genuine presence of you and discover that this Presence is the capacity of Love, the capacity to Love which isn't blocked in any manner, what I am saying is that you will have remembered to let the Presence of God in where you are. And the Presence of God is what is really right there where you are. And it is God's purpose that is your purpose, your reason for being here, wherever here might be, however infinite here might be.

A Course In Miracles says that love cannot be taught. That means that love cannot be practiced. And the reason love cannot be taught is because it is the Movement of God, the present, spontaneous, genuine Movement of God right where you are—the Movement of Love being the Movement of Creation in this instant.

It's all the things I described earlier. So when you are remembering who you are and what you are, it means that you have become defenseless against God. That's what the quietness is—the stillness. And the Movement you begin to feel which has nothing to do with fear, or goals, or justice, or any of the long list of things, the Movement you feel which feels like being Loved and is the impulse for being without fear and without righteousness and without defense, this is the way you come home into your Sanity.

Now I have described something that in a way could seem magnificent, but I don't want it to be turned into a lofty idea. Here's the practicality of it: When you say, "If I am loved then I desire to have an experience of what that means," we are talking about something that will allow you to sit next to Henley without any defenses yourself. And whether Henley knows where it's coming from or not she will involuntarily find herself feeling no need for defense either. To remember who you Are, to have the experience of being Loved by God allows you to be able to be a presence that is recognizably new to your Brother, to your husband, to someone sitting next to you who you've met for the first time today and be a transformational Presence. You could say in the simplest of terms that remembering how to be Loved is remembering how to be present with your fellow man—uncovered by anything that blocks you from making the Gift of what you Are.

And so you could say it is as though there is a veil and you are on one side and God making the Gift of Himself to you is on the other—God making the gift of Himself that is the Presence of You is on the other side—and what God is is insisting upon penetrating the veil. And when you on the other side are saying, "I desire to remember what it is I forgot," you are making an invitation, you might say against the veil also that is in harmony with, which is synchronous with what the Father is intending. And when that happens there is less of what it took to maintain the veil.

Now that's not the whole picture though, because the reason for desiring it, the reason for remembering who you are is so that you can be that with your fellow man, here. You see? It isn't something between you and God and to hell with everyone else. If you have forgotten how to BE Love you have forgotten how to Love your Brother. It hurts your heart not to be able to Love your Brother. That is the fundamental thing that everyone is suffering from. They just didn't know it was their function—they forgot it was their function.

You could say, "Father help me not be in a way that causes my Brother to constantly feel the need to reinforce his defenses. Help me remember what I have forgotten. Fill me today with all Thou Art. Because I know when you do I will remember who I Am. And when I remember who I Am I will be able to be Me. I will be able to be Me with joy. I will be able to be Me with my Brother."

I'm going to end the answer to your question by simply stating this for everyone: Be careful you don't get sucked into believing that the world is an illusion and everything in it that you see, because if you do you will have no brother to be the fulfillment of your capacity to be Love. You will have no reason to remember what you have forgotten. This is very important. We'll take a break.

QUESTION: You've probably gone around my question all afternoon today, but I'm feeling dense I guess, so I still have nibbling feelings. Lately I'm experiencing a lot of fear and anxiety over money. And I'm going to school full-time and not employed at this time. And my time seems to be very full with school and related things. And I think it's my ego telling me I'm not being responsible, I need to do something about this, I need to get myself better organized. And when I put that together with things I'm reading and hearing about the economy and then I get into all this fear stuff about my future. And I'd like to know how to get rid of this fear?

RAJ: Like a trick-or-treater hold up your bag. The Father knows nothing about the economy. What I'm going to encourage you to do is when there is something you need write it on a piece of paper. I am not saying that if you need money to pay the rent that you write down money, I am saying write down rent. Write down the thing that's needed. And once you have written it down—and I would suggest putting it on your refrigerator door or on the wall across from your toilet where you can see it frequently. Once you have written it down say, "It will be interesting to see how the Father unfolds this." You see? Do not take personal responsibility for its solution yourself. You may well do something, you may well be involved in its coming into your experience. You may be driving the car and see a garage sale sign and feel like going, and go and find the very thing

you need in excellent condition, perfect for you. But you will not have taken on a false sense of personal responsibility, so that you can afterwards claim that you have been a responsible person. You see?

"It is the Father's good pleasure to give you everything that meets your need." But few of you consistently practice turning it over to the Father and you justify it by saying, "God helps those who help themselves." Well that's the ego saving its ass.

You don't need a more profound answer than that.

QUESTION: It was brought to my attention that perhaps there's one more step around all of the talk today in realizing your love—realizing Love. And I guess I can in a sense talk from my own experience, but I've felt before that when I've been free of defense, free of judgment and insecurity and a number of those things that you listed, and felt that Love, I've also felt that the person with whom I was communicating was sort of attacking me.

Now first of all, does that mean that I wasn't experiencing that. And second of all, if I was, what is a person to do in a situation like that, because your first tendency is to become defensive?

RAJ: Well of course, before acting in response to someone who seems to be attacking you, you need to answer this question: "Is what is happening, whether real or not, justification for me to abandon being the Presence of Love? Is it truly justification for me to abandon the peace, the fearlessness I am experiencing? Is it truly justification for me to engage defense knowing as I do now that my act of defense causes me to hurt because I shut myself off from the experience of who I Am?" That's the real issue at that moment.

Now if you make—I do not need to describe what would follow your making the decision to become defensive, because you're familiar with that experience—if the decision is made for not abandoning this experience of being at Home, this experience of perfection about you that you're experiencing, if you don't abandon that you will then learn what you will do under those circumstances. You will learn on the spot! And you will be IT on the spot! I will tell you this, that you will not respond in an abusive way, you will not respond defensively. But you will also not respond in a way that confirms the attackers stance to himself and seems to put you in an ongoing circumstance of being abused. Because I'll tell you something, when you're not covered over by a false sense of what appropriate behavior is, you know how to be appropriate. In your clarity, in the clarity of mind that you experience there in that connectedness with the Love that you Are you will not allow abuse to occur, you will not subject yourself to the attack.

I can only talk around this because being the Presence of the Christ, or being the unblocked Presence of God expressing Himself/Herself will always be

original and specifically appropriate to the apparent circumstances of the moment. And part of the whole thing that we have been talking about today is the fact that it's never premeditated. And what you do in that moment with utter appropriateness will not become a bit of learning that you will log in the file to be brought up as an appropriate response the next time you seem to be faced with attack.

What you need to know in order to dare to make commitment to not abandoning your connectedness, your connectedness with the experience of what you are—Love—will never put you in jeopardy. Your connectedness with it will never put you in jeopardy, nor will it allow you to be a participant in someone else putting themselves in jeopardy. It will never cause you to become dysfunctional so that you might say, “the hurt you want to inflict on me is an illusion therefore go to it.” You see? You need to know that love is not and cannot be something else! Love is not standing there and taking it. Just as love is not standing there and dishing it out.

Basically I have answered this question before, and on general principles, if someone says or acts out the intent to injure you, you must say, “no.” And if they say, “but if you’re the presence of unconditional Love you wouldn’t tell me to stop,” and try to hook you with your own spirituality, but if you’re not off balance because you’re grounded in the genuineness—you are grounded genuinely in the essence of You—you will never agree to such a ploy and you will not remain and continue to provide the opportunity for one who is committed to their attack, because they aren’t ready to be defenseless.

That is really the most I can say about it. The key for you to remember is that we have been talking today about remembering that you are the Presence of Love, remembering how to Love. And that it takes a commitment to letting go of everything else—the defense, the self-righteousness, the fear and on and on. And you are not doing this for your Brother, you are doing it for your own Sanity, because it hurts not to have remembered Who you Are.

Now I know this seems to contradict what I said a moment ago, but I’m going to break it down, it seems experientially as though there are two parts to it. The first is that you want to stop hurting yourself! You want the struggle that life seems to be to one degree or another to not be your experience anymore. And the first stage of the solution to that is remembering that your function is Love, and that you have forgotten how to Love. And because of that you by your choice have blocked yourself from your experience of Who you Are.

The second stage of that does involve realizing that the reason, ultimately, that you want to experience your Sanity is so that you can express this Love that you have forgotten how to express, and who you will be expressing it to is your Brother. But you don’t do it because your Brother needs it, you do it

because if you're not doing it you continue to hurt, you continue not to be Sane. You see? And your Brother or Sister is faced with the same two steps. It's not your responsibility to convince them about their step. It's essential one-by-one for each of you to come back into this conscious experience of your capital "F" Function, your capacity to Love.

This has been your subject today. I did not have an agenda. What you brought out of our gathering together today has been a wonderful gift to each other. It's been my pleasure to participate. Thank you.